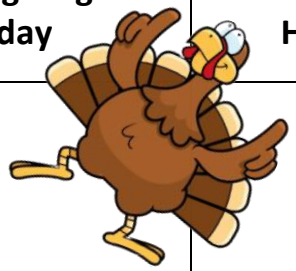


NOVEMBER 2026

Town of Onondaga Senior Calendar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 **10-11AM** Learn to Dance **10-12Noon** 'Busy Hands' **12:30PM** Book Club Meeting **1PM** Dominoes & Mah Jong **1PM** Chi Kung **2PM** Tai Chi **6:15PM** Strength & Stretch	**3** **9-12Noon** Advanced Art **9-10AM Zumba Gold** **10-11AM** Walking at St. Michael's **10:15AM Light Weight Exercise** **12:30-2:30PM** Beginner Art **12:50PM Pass the Ace Card Game**	**4** **9:15-10:15AM Zumba Gold** **10:30AM Wii Bowling** **11-12Noon** Senior Tap **12:30PM Wellness Wednesday** Learn about UTI's **1-3PM** Mah Jong & Cards	**5** **9:15AM** Strength & Stretch **10-11AM** Walking at St. Michael's **10-12PM** Mah Jongg Lessons **10:30AM** Chair Yoga **1PM Bingo** **6:15PM** Strength & Stretch	**6** **10-10:50AM** **Light Weight Exercise** 
9 **10-11AM** Learn to Dance **10-12Noon** 'Busy Hands' **12:30PM** Book Club Meeting **1PM** Dominoes & Mah Jong **1PM** Chi Kung **2PM** Tai Chi **6:15PM** Strength & Stretch	**10** **9-12Noon** Advanced Art **9-10AM Zumba Gold** **10-11AM** Walking at St. Michael's **10:15AM Light Weight Exercise** **12:30-2:30PM** Beginner Art **12:50PM Pass the Ace Card Game**	**11** **Senior Center Closed Veteran's Day**	**12** **9:15AM** Strength & Stretch **10AM MEDICARE 101** **10-11AM** Walking at St. Michael's **1PM Popcorn** **6:15PM** Strength & Stretch	**13** **9:00AM-3:30PM** **AARP DRIVER SAFETY CLASS** Registration Required **10-10:50AM** **Light Weight Exercise**
16 **10-11AM** Learn to Dance **11:15AM** Chair Yoga (make-up) **10-12Noon** 'Busy Hands' **12:30PM** Book Club Meeting **1PM** Dominoes & Mah Jong **1PM** Chi Kung **2PM** Tai Chi **6:15PM** Strength & Stretch	**17** **9-12Noon** Advanced Art **9-10AM Zumba Gold** **10-11AM** Walking at St. Michael's **10:15AM Light Weight Exercise** **12:30-2:30PM** Beginner Art **12:50PM Pass the Ace Card Game**	**18** **9:15-10:15AM Zumba Gold** **10:30AM Wii Bowling** **11-12Noon** Senior Tap **1PM Bingo** **1-3PM** Mah Jong & Cards 	**19** **9:15AM** Strength & Stretch **10-11AM** Walking at St. Michael's **10:30AM** Chair Yoga **12 Noon VETERANS LUNCHEON** **Memorabilia Display/ Program with Jeff Clough** **6:15PM** Strength & Stretch	**20** **10-10:50AM** **Light Weight Exercise**
23 **10-11AM** Learn to Dance **10-12Noon** 'Busy Hands' **12:30PM** Book Club Meeting **1PM** Dominoes & Mah Jong **1PM** Chi Kung **2PM** Tai Chi **6:15PM** Strength & Stretch	**24** **9-12Noon** Advanced Art **9-10AM Zumba Gold** **10-11AM** Walking at St. Michael's **10:15AM Light Weight Exercise** **12:30-2:30PM** Beginner Art **12:50PM Pass the Ace Card Game**	**25** **9:15-10:15AM Zumba Gold** **10:30AM Wii Bowling** **1-3PM** Mah Jong & Cards	**26** **Senior Center Closed Thanksgiving Holiday**	**27** **Senior Center Closed Thanksgiving Holiday**
30 **10-11AM** Learn to Dance **10-12Noon** 'Busy Hands' **12:30PM** Book Club Meeting **1PM** Dominoes & Mah Jong **1PM** Chi Kung **2PM** Tai Chi **6:15PM** Strength & Stretch				

DECEMBER 2026

Town of Onondaga Senior Calendar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	**1** **9-12Noon** Advanced Art **9-10AM Zumba Gold** **10-11AM** Walking at St. Michael's **10:15AM Light Weight Exercise** **12:30-2:30PM** Beginner Art **12:50PM Pass the Ace Card Game**	**2** **9:15-10:15AM Zumba Gold** **10:30AM Wii Bowling** **11-12Noon** Senior Tap **1-3PM** Mah Jong & Cards	**3** **10-11AM** Walking at St. Michael's **10:30AM** Chair Yoga **1PM Popcorn** **Day Trip: Dick Clark's Christmas Show & Gaming @ Turning Stone**	**4** **10-10:50AM** **Light Weight Exercise** 
7 **10-11AM** Learn to Dance **10-12Noon** 'Busy Hands' **12:30PM** Book Club Meeting **1PM** Dominoes & Mah Jong **1PM** Chi Kung **2PM** Tai Chi	**8** **9-12Noon** Advanced Art **9-10AM Zumba Gold** **10-11AM** Walking at St. Michael's **10:15AM Light Weight Exercise** **12:30-2:30PM** Beginner Art **12:50PM Pass the Ace Card Game**	**9** **9:15-10:15AM Zumba Gold** **10:30AM Wii Bowling** **11-12Noon** Senior Tap **1PM Bingo** **1-3PM** Mah Jong & Cards	**10** **9:15AM** Strength & Stretch **10-11AM** Walking at St. Michael's **10:30AM** Chair Yoga **11:30AM CATERED LUNCHEON** ***Hors d'oeuvres and Dessert;*** ***The band "Clear" entertaining!*** ***$5 sign up in office by Tuesday 12/8***	**11** **10-10:50AM** **Light Weight Exercise**
14 **10-11AM** Learn to Dance **10-12Noon** 'Busy Hands' **12:30PM** Book Club Meeting **1PM** Dominoes & Mah Jong **1PM** Chi Kung **2PM** Tai Chi **6:15PM** Strength & Stretch	**15** **9-10AM Zumba Gold** **9-12Noon** Advanced Art **10-11AM** Walking at St. Michael's **10:15AM Light Weight Exercise** **12:30-2:30PM** Beginner Art **12:50PM Pass the Ace Card Game**	**16** **9:15-10:15AM Zumba Gold** **10:30AM Wii Bowling** **11-12Noon** Senior Tap **1-3PM** Mah Jong & Cards	**17** **9:15AM** Strength & Stretch **10-11AM** Walking at St. Michael's **10:30AM** Chair Yoga **11AM Tech Help with OFL** **12:45 Make your own Hot Cocoa Bar** **1PM Popcorn**	**18** **10-10:50AM** **Light Weight Exercise**
21 **10-11AM** Learn to Dance **10-12Noon** 'Busy Hands' **12:30PM** Book Club Meeting **1PM** Dominoes & Mah Jong **1PM** Chi Kung **2PM** Tai Chi **6:15PM** Strength & Stretch	**22** **9-10AM Zumba Gold** **9-12Noon** Advanced Art **10-11AM** Walking at St. Michael's **10:15AM Light Weight Exercise** **12:30-2:30PM** Beginner Art **12:50PM Pass the Ace Card Game** **CHRISTMAS/UGLY SWEATER DAY!**	**23** **9:15-10:15AM Zumba Gold** **10:30AM Wii Bowling** **1PM Bingo** **1-3PM** Mah Jong & Cards 	**24** **SENIOR CENTER CLOSED** *Merry Christmas*	**25** **SENIOR CENTER CLOSED**
28 **10-11AM** Learn to Dance **10-12Noon** 'Busy Hands' **12:30PM** Book Club Meeting **1PM** Dominoes & Mah Jong **1PM** Chi Kung **2PM** Tai Chi **6:15PM** Strength & Stretch	**29** **9-10AM Zumba Gold** **9-12Noon** Advanced Art **10-11AM** Walking at St. Michael's **10:15AM Light Weight Exercise** **12:30-2:30PM** Beginner Art **12:50PM Pass the Ace Card Game**	**30** **9:15-10:15AM Zumba Gold** **No Senior Programs**	**31** **9:15AM** Strength & Stretch **No Senior Programs**	