


NOVEMBER 2026 LUNCH MENU

PEACE, INC. SENIOR NUTRITION PROGRAM




MONDAY	TUESDAY	WEDNESDAY	THURSDAY
2 CHICKEN SALAD W/ WALNUTS & CRANBERRY ON A PRETZEL ROLL BROCCOLI & CHEDDAR SOUP MANDARIN ORANGES	**3** SLOPPY JOE ON A KAISER ROLL MUSHROOM BISQUE ICE CREAM CUP DINNER ROLL W/ MARGARINE	**4** SALISBURY STEAK W/ BEEF DEMI-GRAVY MACARONI & CHEESE W/ STEWED TOMATOES STEAMED ASPARAGUS W/ LEMON PEAR	**5** SCALLOPED POTATOES & HAM ROASTED SQUASH MANGO OATMEAL RAISIN COOKIE
9 LASAGNA ROLLS W/RED SAUCE BEEF MEAT SAUCE MEDITERRANEAN VEGETABLE BLEND FRUIT COCKTAIL	**10** GLAZED HAM WILD RICE & ROASTED CAULIFLOWER APRICOTS PUDDING CUP	**11** **SENIOR CENTER CLOSED** **VETERAN'S DAY**	**12** BEER BATTERED HADDOCK LOIN STEAK CUT FRIES CONFETTI COLESLAW DICED PEACHES
16 CHEDDAR BURGER W/ LETTUCE, TOMATO ON A WHEAT BUN RANCH SEASONED TATER TOTS BANANA	**17** **HARVEST MEAL** ROAST TURKEY STUFFING MASHED POTATOES CARROTS PUMPKIN PIE	**18** CHICKEN TACO CASSEROLE MEXICAN SALAD (ROMAINE, CUKES, TOMATOES, CORN W/HONEY-LIME VINAIGRETTE) FIG NEWTON	**19** **VETERAN'S DAY LUNCHEON** MEATLOAF MASHED POTATOES & GRAVY DESSERT MEMORABILIA DISPLAY
23 SWEDISH STYLE MEATBALLS OVER PARSLEY & BUTTER EGG NOODLES CORN SLICED PEACHES WHOLE WHEAT BREAD W/MARGARINE	**24** CHICKEN & GNOCCHI SOUP CAESAR SALAD (SHAVED PARM, CROUTONS, SHAVED RED ONION & DRESSING) GRAPES GARLIC TEXAS TOAST	**25** BRUNCH @ 10:30 AM STRATA W/SPINACH, CHEDDAR & SUN-DRIED TOMATOES CHICKEN SAUSAGE PATTY STRAWBERRY PARFAIT	**26** **SENIOR CENTER CLOSED** HAPPY THANKSGIVING!!
30 SWEET & SOUR CHICKEN SERVED OVER SESAME RICE ORIENTAL BLEND VEGETABLES CHUNKY APPLESAUCE ITALIAN BREAD			

RESERVATIONS: CALL THE LUNCH LINE @315-469-3259 LUNCH IS SERVED AT NOON 60+ SENIORS… $3.50 GUESTS UNDER 60… $7.00

LUNCH RESERVATIONS SHOULD BE IN BY 12:00PM THE DAY BEFORE OR BY THURSDAY 12:00PM FOR THE FOLLOWING WEEK.

IF YOU HAVE A FOOD ALLERGY, PLEASE NOTIFY US.