

SEPTEMBER 2026 LUNCH MENU

PEACE, INC. SENIOR NUTRITION PROGRAM

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
	BREADED HADDOCK SERVED ON A WHOLE WHEAT BUN COLESLAW POTATOES OBRIEN BROWNIE	HOMEMADE STUFFED PEPPERS (GROUND BEEF & RICE) W/RED SAUCE FRESH MELON SALAD GARLIC BREAD FIG NEWTON	<u>CATERED LUNCHEON</u> ZITA, MEATBALLS, SALAD, DESSERT; KARAOKE WITH BOB SEALEY & JOE MINGIN \$5 - SIGN UP IN OFFICE by 9/1
LABOR DAY SENIOR CENTER CLOSED NO PEACE LUNCH	CHICKEN ALFREDO SERVED OVER BOWTIE PASTA STEAMED ASPARAGUS APPLESAUCE ITALIAN BREAD	CHICKEN DIVAN CASSEROLE (CHICKEN, BROCCOLI, CHEESE, BREADCRUMBS) WHITE RICE TOSSED SALAD STRAWBERRIES W/ WHIP	SLOPPY JOE ON KAISER ROLL BUTTER & HERB BABY POTATOES SNOW PEAS & CARROTS HONEY DEW
HERB ROASTED CHICKEN MACARONI & CHEESE ITALIAN BLEND VEGETABLES CANTALOUPE	CLAMS CASINO LINGUINI WINTER BLEND VEGETABLES FRESH BAKED BREAD TROPICAL FRUIT COCKTAIL	BEEF & BROCCOLI SERVED OVER SESAME RICE ORIENTAL BLEND VEGETABLES FORTUNE COOKIE	CHICKEN TACO CASSEROLE MEXICAN SALAD (ROMAINE, CUKES, TOMATOES, CORN W/ HONEY-LIME VINAIGRETTE) LEMON BAR
CREAM OF CHEDDAR POTATO SOUP CHOPPED CHICKEN CAESAR SALAD W/ CROUTONS, PARM AND DRESSING COFFEE CAKE	SWEDISH MEATBALLS OVER PARSLEY & BUTTER EGG NOODLES GREEN BEANS BANANA WHOLE WHEAT BREAD W/ MARGARINE	MASHED POTATO TOPPED CHICKEN POT PIE (CHICKEN W/ VEGETABLES & WHIPPED POTATO TOPPING) BUTTERMILK BISCUIT ICE CREAM CUP	MAPLE GLAZED PORK CHOP WHIPPED CINNAMON SWEET POTATOES ROASTED BRUSSEL SPROUTS W/ CRAISINS & BALSAMIC APRICOT
MEATBALL SUB (W/RED SAUCE) ON A WHOLE WHEAT SUB ROLL W/ MOZZARELLA ROASTED BROCCOLI FLORETS FRUIT COCKTAIL	CHICKEN RIGGIES SPINACH SALAD W/ MUSHROOMS & EGG PEACHES ITALIAN BREAD	HEARTY BEEF STEW SKIN ON MASHED POTATOES CRUSTY ITALIAN BREAD APPLESAUCE	

RESERVATIONS: CALL THE LUNCH LINE @315-469-3259 LUNCH IS SERVED AT NOON 60+ SENIORS... \$3.50 GUESTS UNDER 60... \$7.00

LUNCH RESERVATIONS SHOULD BE IN BY 12:00 PM THE DAY BEFORE OR BY THURSDAY 12:00PM FOR THE FOLLOWING WEEK.

If you have a food allergy, please notify us.