





JULY 2026 LUNCH MENU

PEACE, INC. SENIOR NUTRITION PROGRAM



MONDAY	TUESDAY	WEDNESDAY	THURSDAY
		<p>1</p> <p>GRILLED BALSAMIC CHICKEN BREAST TOPPED W/ FRESH TOMATO BRUSHETTA ROASTED RED POTATOES ANGEL HAIR PASTA W/BASIL GREEK YOGURT W/FRESH MIXED BERRIES</p>	<p>2</p> <p>CATERED LUNCHEON <i>HARVEY NUSBAUM AND THE LITTLE JAZZ TRIO ENTERTAINING</i> \$5 - SIGN UP IN OFFICE</p>
<p>6</p> <p>PHILLY CHEESESTEAK W/ ONIONS & MUSHROOMS POTATOES O'BRIEN ROASTED ASPARAGUS DICED PEARS</p>	<p>7</p> <p>CRAB SALAD ON KAISER W/SHREDDED LETTUCE LEMON ORZO SALAD MANDARIN ORANGES</p>	<p>8</p> <p>SIRLOIN BEEF STROGANOFF OVER PARSLIED EGG NOODLES CALIFORNIA BLEND VEGETABLES FIG NEWTON</p>	<p>9</p> <p>GOLDEN BBQ SAUCE CHICKEN BREAST RANCH MACARONI & CHEESE TOMATO & CUCUMBER SALAD TROPICAL FRUIT SALAD ICE CREAM</p>
<p>13</p> <p>SLICED TURKEY & SWISS ON MARBLE RYE COLE SLAW SWEET POTATO WAFFLE FRIES HONEY DEW</p>	<p>14</p> <p>CHICKEN TENDERS MACARONI & CHEESE PEAS & CARROTS BUTTERSCOTCH PUDDING</p>	<p>15</p> <p>CREAMY TUSCAN RAVIOLI (SUNDRIED TOMATOES & SPINACH) ROASTED ZUCCHINI SLICED PEACHES GARLIC BREAD</p>	<p>16</p> <p>CHILI-RUBBED HAMBURGER W/ LETTUCE, ONION & PEPPER JACK CHEESE ON A WHEAT BUN MEXICAN CORN SALAD HOME-STYLE POTATO SALAD LEMON BAR</p>
<p>20</p> <p>SHRIMP FRIED RICE ASIAN STIR FRY VEGETABLES DICED PEACHES FORTUNE COOKIE</p>	<p>21</p> <p>CHICKEN TACO CASSEROLE MEXICAN SALAD (ROMAINE, CUKES, TOMATOES, CORN W/ HONEY-LIME VINAIGRETTE) LEMON-BLUEBERRY COOKIE</p>	<p>22</p> <p>TUNA SALAD W/CHOPPED EGG SALAD ON KAISER WITH SHREDDED LETTUCE GAZPACHO SOUP FRUIT POPSICLE</p>	<p>23</p> <p>BBQ PULLED PORK ON KAISER ROLL RED SKIN POTATO SALAD COLE SLAW WATERMELON</p>
<p>27</p> <p>KIELBASA BRAISED RED CABBAGE GARLIC-THYME MASHED POTATOES APPLESAUCE</p>	<p>28</p> <p>SLOPPY JOE ON KAISER ROLL BUTTER & HERB BABY POTATOES HONEY CARROTS CHOCOLATE PUDDING</p>	<p>29</p> <p>LASAGNA ROLL W/RED SAUCE SAUSAGE W/RED SAUCE, PEPPERS & ONIONS MEDITERRANEAN VEGETABLE BLEND OATMEAL RAISIN COOKIE</p>	<p>30</p> <p>BEEF FRANK W/SAUERKRAUT SOUTHERN MACARONI SALAD ROASTED YELLOW SQUASH W/RED PEPPERS STRAWBERRY SHORTCAKE W/WHIPPED TOPPING</p>

RESERVATIONS: CALL THE LUNCH LINE @315-469-3259 LUNCH IS SERVED AT NOON 60+ SENIORS... \$3.50 GUESTS UNDER 60... \$7.00

LUNCH RESERVATIONS SHOULD BE IN BY 12:00 PM THE DAY BEFORE OR BY THURSDAY 12:00PM FOR THE FOLLOWING WEEK.

If you have a food allergy, please notify us.