



MARCH 2026 LUNCH MENU



PEACE, INC. SENIOR NUTRITION PROGRAM

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
2 SWEDISH STYLE MEATBALLS OVER PARSLEY & BUTTER EGG NOODLES CALIFORNIA BLEND VEGETABLE FRESH PEAR WHOLE WHEAT BREAD W/MARGARINE	3 BACON & TOMATO CHICKEN SALAD ON A CROISSANT HEARTY MINISTRONE SOUP APPLESAUCE	4 CRAB CAKE ON FIELD GREENS W/REMOULADE GARLIC BUTTER FIRED CORN PEACH COBBLER	5 MEATLOAF W/ MUSHROOM GRAVY PEAS AND PEARL ONIONS MASHED POTATOES GRAPES DINNER ROLL W/MARGARINE
9 CHICKEN ALFREDO SERVED OVER BOWTIE PASTA BROCCOLI FLORETS PEAR ITALIAN BREAD	10 SALISBURY STEAK W/ BEEF DEMI-GRAVY MACARONI & CHEESE W/STEWED TOMATOES LIMA BEANS BANANA	11 MEATBALL SUB ON A WHOLE WHEAT SUB ROLL ITALIAN WEDDING SOUP FRUIT COCKTAIL	12 SYRACUSE FAMOUS CHICKEN RIGGIE'S SAUTEED GREENS PEACHES FRESH BAKED DINNER ROLL
16 KIELBASA SAUERKRAUT PIEROGIS CANTALOUPE MARBLE RYE	17 "ST. PATRICK'S DAY CELEBRATION" NEW ENGLAND BOILED DINNER** (CORNEBEEF W/POTATOES, BABY CARROTS, CABBAGE WEDGE) CRUSTY BREAD CHOC CHIP COOKIE	18 SLOPPY JOE ON KAISER ROLL PEAS & CARROTS GARLIC FRIES HONEY DEW MELON	19 BONELESS CHICKEN CACCIATORE WHOLE GRAIN PENNE RIGATE PASTA GREEN BEANS PINEAPPLE WHOLE WHEAT BREAD W/MARGARINE
23 GIANELLI SAUSAGE GRINDER W/ PEPPERS & ONIONS RANCH SEASONED KETTLE CHIPS TROPICAL FRUIT SALAD	24 CREAM OF CHEDDAR POTATO SOUP CHOPPED CHICKEN CAESAR SALAD W/ CROUTONS, PARM AND DRESSING DICED PEACHES	25 SMOTHERED SEARED PORK BAKED POTATO W/SOUR CREAM & CHIVES BUTTERY SLICED CARROTS MIXED BERRIES W/ WHIPPED TOPPING FRESH BAKED DINNER ROLL	26 HEARTY BEEF STEW SEASONED ROASTED RED POTATOES CRUSTY ITALIAN BREAD DICED PEARS
30 TURKEY NOODLE SOUP CRAN-WALNUT CHICKEN SALAD ON A CROISSANT POUND CAKE W/BERRIES	31 HERBED CHICKEN QUARTERS WILD RICE ROASTED CAULIFLOWER APRICOTS	  	  

RESERVATIONS: CALL THE LUNCH LINE @315-469-3259 LUNCH IS SERVED AT NOON 60+ SENIORS... \$3.50 GUESTS UNDER 60... \$7.00
LUNCH RESERVATIONS SHOULD BE IN BY 12:00 PM THE DAY BEFORE OR BY THURSDAY 12:00PM FOR THE FOLLOWING WEEK.
IF YOU HAVE A FOOD ALLERGY, PLEASE NOTIFY US.