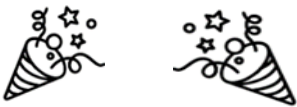
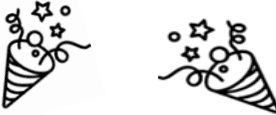



JANUARY 2026 LUNCH MENU

PEACE, INC. SENIOR NUTRITION PROGRAM

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
			1 SENIOR CENTER CLOSED HAPPY NEW YEAR!
5 CLASSIC PHILLY STYLE CHEESE STEAK SANDWICH W/ PEPPERS & ONIONS PEAS & PEARL ONIONS BANANA	6 WHOLE GRAIN SPAGHETTI IN MARINARA MEATBALLS LIMA BEANS FRUIT COCKTAIL	7 SWEET & SOUR CHICKEN SERVED OVER SESAME RICE ORIENTAL BLEND VEGETABLES APPLESAUCE FORTUNE COOKIE	8 CATERED LUNCHEON PIZZA, SALAD, DESSERT ENTERTAINMENT: KARAOKE WITH BOB SEALEY AND JOE MINGIN <u>SIGN UP IN OFFICE - \$5</u>
12 CHICKEN TIKKA MASALA (CHICKEN IN A SWEET TOMATO SAUCE) OVER FRESH CILANTRO BASMATI RICE ROASTED SQUASH NAAN/MANGO	13 APRICOT GLAZED PORK GARLIC MASHED POTATOES ROASTED BRUSSEL SPROUTS W/ CRAISINS & BALSAMIC VANILLA PUDDING	14 CREAMY TUSCAN RAVIOLI (SUNDRIED TOMATOES & SPINACH) ROASTED ZUCCHINI SLICED PEACHES GARLIC BREAD	15 DELI TURKEY & SWISS ON RYE W/ RUSSIAN DRESSING MINESTRONE SOUP ORANGE
19 SENIOR CENTER CLOSED MARTIN LUTHER KING, JR. DAY	20 BLEU BURGER W/ CARAMELIZED ONIONS ON A WHOLE WHEAT BUN W/ TOMATO & LETTUCE GARLIC FRIES COLESLAW FIG NEWTON	21 NEW ENGLAND CLAM CHOWDER ROASTED ASPARAGUS FRESH BAKED DINNER ROLL ORANGE	22 CHICKEN FRIED STEAK W/ CREAMY ONION GRAVY CHEESY GRITS GREEN BEANS GRAPES
26 KIELBASA BRAISED RED CABBAGE BOILED BABY POTATOES CANTALOUPE DINNER ROLL	27 CREAM OF CHEDDAR POTATO SOUP CHOPPED CHICKEN CAESAR SALAD W/ CROUTONS, PARM & DRESSING DICED PEACHES	28 BEEF STROGANOFF PARSLEY & BUTTER EGG NOODLES PEAS & PEARL ONIONS APPLESAUCE	29 CLAMS CASINO LINGUINI (WHOLE WHEAT) WINTER BLEND VEGETABLES FRESH BAKED BREAD VANILLA PUDDING

RESERVATIONS: CALL THE LUNCH LINE @315-469-3259 LUNCH IS SERVED AT NOON 60+ SENIORS... \$3.50 GUESTS UNDER 60... \$7.00
 LUNCH RESERVATIONS SHOULD BE IN BY 12:00 PM THE DAY BEFORE OR BY THURSDAY 12:00PM FOR THE FOLLOWING WEEK.
If you have a food allergy, please notify us.