



NOVEMBER 2025 LUNCH MENU

PEACE, INC. SENIOR NUTRITION PROGRAM



MONDAY	TUESDAY	WEDNESDAY	THURSDAY
3 TOMATO & BACON CHICKEN SALAD ON A PRETZEL ROLL BROCCOLI SOUP FRUIT COCKTAIL	4 SHEPHERD'S PIE (BEEF W/ 4-WAY VEGETABLE & WHIPPED POTATO TOPPING) DICED PEARS	5 GRILLED CHICKEN AUTUMN CHOPPED SALAD TOPPED W/ APPLES, CANDIED PECANS, DRIED CRANBERRIES & FETA POPPY SEED DRESSING FRESH ORANGE DINNER ROLL W/MARGARINE	6 SALISBURY STEAK W/ BEEF DEMI-GRVY MACARONI & CHEESE W/ STEWED TOMATOES ASPARAGUS PEAR
10 SWEDISH STYLE MEATBALLS OVER PARSLEY & BUTTER EGG NOODLES HONEY CARROTS APPLESAUCE WHOLE WHEAT BREAD W/ MARGARINE	11 SENIOR CENTER CLOSED VETERAN'S DAY	12 MAPLE GLAZED CHICKEN RED SKINNED MASHED POTATOES ROASTED BRUSSEL SPROUTS W/ CRAISINS & BALSAMIC APRICOT	13 VETERAN'S DAY LUNCHEON MEATLOAF MASHED POTATOES & GRAVY DESSERT ENTERTAINMENT BY: SOMETHIN' FANCY
17 BEEF CHILI ROASTED TEX-MEX SEASONED CORN BLACK BEANS NAAN BREAD GREEK YOGURT	18 CHICKEN ENCHILADA CASSEROLE HOUSE SALAD MANDARIN ORANGES	19 BLEU BURGER W/ CARMELIZED ONIONS ON WHOLE WHEAT BUN W/ TOMATO & LETTUCE GARLIC FRIES COLE SLAW BANANA	20 HARVEST MEAL ROAST TURKEY STUFFING MASHED POTATOES CARROTS PUMPKIN PIE
24 BREADED HADDOCK SERVED ON A WHOLE WHEAT BUN COLESLAW POTATOES O'BRIEN BROWNIE	25 SLOPPY JOE ON KAISER ROLL MUSHROOM BISQUE ICE CREAM CUP	26 <u>*BRUNCH @ 10:30AM</u> STRATA W/ SPINACH, CHEDDAR & SUN-DRIED TOMATOES CHICKEN SAUSAGE PATTY BREAKFAST POTATOES FRESH BERRIES	27 SENIOR CENTER CLOSED  HAPPY THANKSGIVING!!

RESERVATIONS: CALL THE LUNCH LINE @315-469-3259 LUNCH IS SERVED AT NOON 60+ SENIORS... \$3.50 GUESTS UNDER 60... \$7.00
 LUNCH RESERVATIONS SHOULD BE IN BY 12:00 PM THE DAY BEFORE OR BY THURSDAY 12:00PM FOR THE FOLLOWING WEEK.
 IF YOU HAVE A FOOD ALLERGY, PLEASE NOTIFY US.