


OCTOBER 2025 LUNCH MENU

PEACE, INC. SENIOR NUTRITION PROGRAM

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
		<p>1</p> <p>MEATLOAF W/ GRAVY BUTTERY CARROTS MASHED POTATOES PINEAPPLE DINNER ROLL W/ MARGARINE</p>	<p>2</p> <p>CATERED LUNCHEON PIZZA, SALAD, DESSERT; ENTERTAINMENT BY GEOFF CLOUGH 'NAME THAT TUNE' \$5 - <i>SIGN UP IN OFFICE</i> BY TUES 9/30</p>
<p>6</p> <p>SHEPHERD'S PIE (BEEF W/ 4-WAY VEGETABLE & WHIPPED POTATO TOPPING) DICED PEARS</p>	<p>7</p> <p>MONTREAL SEASONED CUBE STEAK BAKED POTATO W/ SOUR CREAM & CHIVES ITALIAN VEGETABLE COFFEE CAKE FRESH BAKED DINNER ROLL</p>	<p>8</p> <p>CLAMS CASINO LINGUINI (WHOLE WHEAT) WINTER BLEND VEGETABLES FRESH BAKED BREAD BANANA</p>	<p>9</p> <p>LASAGNA ROLLS W/ RED SAUCE GIANELLI SAUSAGE LINKS MEDITERRANEAN VEGETABLE BLEND FRUIT COCKTAIL</p>
<p>13</p> <p>SENIOR CENTER CLOSED</p>	<p>14</p> <p>CHICKEN CORDON BLEU SANDWICH SERVED ON A WHOLE WHEAT BUN W/ HAM, SWISS & HONEY MUSTARD MAYO SCANDINAVIAN VEGETABLE BLEND PEACHES</p>	<p>15</p> <p>FALL APPLE & WALNUT SALAD TURKEY & STUFFING ROLL-UP W/ GRAVY (2) DINNER ROLL APPLESAUCE</p>	<p>16</p> <p>HOMEMADE STUFFED PEPPERS (GROUND BEEF & RICE) CHUNKY FLORENTINE SOUP ITALIAN BREAD FIG NEWTON</p>
<p>20</p> <p>CREAMY TUSCAN RAVIOLI (SUNDRIED TOMATOES & SPINACH) ROASTED ZUCCHINI SLICED PEACHES GARLIC BREAD</p>	<p>21</p> <p>BEEF CHILI ROASTED TEX-MEX SEASONED CORN NAAN GREEK YOGURT</p>	<p>22</p> <p>TOMATO & BACON CHICKEN SALAD ON A PRETZEL ROLL BROCCOLI SOUP FRUIT COCKTAIL</p>	<p>23</p> <p>APRICOT GLAZED PORK RED SKIN MASHED POTATOES ROASTED BRUSSEL SPROUTS W/ CRAISINS & BALSAMIC VANILLA PUDDING</p>
<p>27</p> <p>SLOPPY JOE ON A KAISER ROLL SPLIT PEA SOUP ICE CREAM CUP</p>	<p>28</p> <p>BEEF POT ROAST W/ GRAVY ROASTED ROOT VEGETABLES MASHED POTATOES MANGO DINNER ROLL W/ MARGARINE</p>	<p>29</p> <p>CHICKEN RIGGIES CAESAR SALAD PEACHES ITALIAN BREAD</p>	<p>30</p> <p>BREADED HADDOCK SERVED ON A WHOLE WHEAT BUN COLESLAW POTATOES O'BRIEN BROWNIE HALLOWEEN PARTY!</p>

RESERVATIONS: CALL THE LUNCH LINE @315-469-3259 LUNCH IS SERVED AT NOON 60+ SENIORS... \$3.50 GUESTS UNDER 60... \$7.00

LUNCH RESERVATIONS SHOULD BE IN BY 12:00 PM THE DAY BEFORE OR BY THURSDAY 12:00PM FOR THE FOLLOWING WEEK.

IF YOU HAVE A FOOD ALLERGY, PLEASE NOTIFY US.