SEPTEMBER 2025 LUNCH MENU

PEACE, INC. SENIOR NUTRITION PROGRAM

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY |
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| LABOR DAY SENIOR CENTER CLOSED NO PEACE LUNCH | GRILLED CHICKEN BREAST W/ROASTED RED PEPPER BASIL MAYO & PROVOLONE ON HERBED FOCACCIA 4-WAY VEGETABLE ROASTED RED SKIN POTATO WEDGES PEAR | 3 SWEDISH STYLE MEATBALLS OVER PARSLEY & BUTTER EGG NOODLES GREEN BEANS APPLESAUCE WHOLE WHEAT BREAD W/MARGARINE | 4 CATERED LUNCHEON DELI SANDWICH, SALADS, DESSERT; ENTERTAINMENT BY BOB SEALEY \$5 - SIGN UP IN OFFICE |
| KIELBASA BRAISED RED CABBAGE PIEROGIS CANTALOUPE | 9 MEATLOAF W/MUSHROOM GRAVY GREEN BEANS MASHED POTATOES GRAPES DINNER ROLL W/MARGARINE | 10 GRAPE & WALNUT CHICKEN SALAD SERVED ON A CROISSANT CHUNKY TOMATO FLORENTINE SOUP PINEAPPLE | SLOPPY JOE ON KAISER ROLL BUTTER & HERB BABY POTATOES HONEY CARROTS CHOCOLATE PUDDING |
| BEEF CHILI ROASTED TEX-MEX SEASONED CORN NAAN GREEK YOGURT | CHICKEN RIGGIES CAESAR SALAD PEACHES ITALIAN BREAD | 17 CLASSIC PHILLY STYLE CHEESE STEAK SANDWICH W/ PEPPERS & ONIONS PEAS & PEARL ONIONS FRESH BAKED PEANUT BUTTER COOKIE BANANA | GARLIC BUTTER SHRIMP ROASTED SUMMER SQUASH/ RED BELL PEPPER WILD RICE FRUIT COCKTAIL |
| TUNA SALAD IN A FRESH TOMATO BROCCOLI & CHEDDAR SOUP FRUIT COCKTAIL | 23 SWEET AND SOUR CHICKEN SERVED OVER SESAME RICE ORIENTAL BLEND VEGETABLES APPLESAUCE FORTUNE COOKIE | SCALLOPED POTATOES & HAM ROASTED BRUSSEL SPROUTS W/RAISINS & BALSAMIC CANTALOUPE | BEEF & BEAN TACO SALAD W/TORTILLA CHIPS, SALSA, FRESH TOMATOES, LETTUCE, CHEESE, SOUR CREAM & LIME VINAIGRETTE VANILLA ICE CREAM CUP |
| HERB ROASTED CHICKEN MASHED SWEET POTATOES CREAMED SPINACH CARROT CAKE | 30 BBQ BEEF ON ROLL BAKED BEANS FRESH SPINACH SALAD W/MUSHROOM & DICED HARD BOILED EGG GRAPES | | |

RESERVATIONS: CALL THE LUNCH LINE @315-469-3259 LUNCH IS SERVED AT NOON 60+ SENIORS... \$3.50 GUESTS UNDER 60... \$7.00 LUNCH RESERVATIONS SHOULD BE IN BY 12:00 PM THE DAY BEFORE OR BY THURSDAY 12:00PM FOR THE FOLLOWING WEEK.

If you have a food allergy, please notify us.