
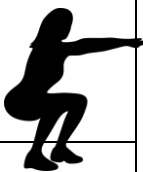


JULY 2025

Town of Onondaga



Senior Calendar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3 9:15AM Strength & Stretch 10-11AM Walking at St. Michael's or Summerfield 11:30 CATERED LUNCHEON Bingo Bash- Hors d'oeuvres Bingo party with prizes & games Food served promptly at 11:30AM \$5 – sign up in office	4 SENIOR CENTER CLOSED 
7 10-12Noon 'Busy Hands' 10:30-11:30AM Senior Tap 12:30PM Book Club Meeting 1PM Dominoes & Mah Jongg 1PM Chi Kung 2PM Tai Chi Day Trip: Summer in Skaneateles	8 9-12Noon Advanced Art 10-11AM Walking at St. Michael's or Summerfield 10AM Light Weight Exercise 12:30-2:30PM Beginner Art 12:50PM Pass the Ace Card Game	9 9:15-10:15AM Zumba Gold 10:30AM Wii Bowling 10:30-11:30AM Beg/Inter Tap 1-3PM Mah Jongg	10 9:15AM Strength & Stretch 10-11AM Walking at St. Michael's or Summerfield 6:15PM Strength & Stretch 1PM Popcorn &?	11 10-10:50AM Light Weight Exercise
14 10-12Noon 'Busy Hands' 10:30-11:30AM Senior Tap 12:30PM Book Club Meeting 1PM Dominoes & Mah Jongg 1PM Chi Kung 2PM Tai Chi	15 9-12Noon Advanced Art 10-11AM Walking at St. Michael's or Summerfield 10AM Light Weight Exercise 12:30-2:30PM Beginner Art 12:50PM Pass the Ace Card Game	16 9:15-10:15AM Zumba Gold 10:30AM Wii Bowling 10:30-11:30AM Beg/Inter Tap 1-3PM Mah Jongg CONCERT IN KELLEY PARK 6-8 PM "Thirteen Curves" playing	17 9:15AM Strength & Stretch 10-11AM Walking at St. Michael's or Summerfield 1PM Bingo For Bucks	18 10-10:50AM Light Weight Exercise
21 10-12Noon 'Busy Hands' 10:30-11:30AM Senior Tap 12:30PM Book Club Meeting 1PM Dominoes & Mah Jongg 1PM Chi Kung 2PM Tai Chi	22 9-12Noon Advanced Art 10-11AM Walking at St. Michael's or Summerfield 10AM Light Weight Exercise 12:30-2:30PM Beginner Art 12:50PM Pass the Ace Card Game	23 10:30AM Wii Bowling 1-3PM Mah Jongg Day Trip: Cortland Repertory Theater	24 NO Strength & Stretch 10-11AM Walking at St. Michael's or Summerfield 1PM Popcorn &?	25 10-10:50AM Light Weight Exercise 
28 10-12Noon 'Busy Hands' 10:30-11:30AM Senior Tap 12:30PM Book Club Meeting 1PM Dominoes & Mah Jongg 1PM Chi Kung 2PM Tai Chi	29 9-12Noon Advanced Art 10-11AM Walking at St. Michael's or Summerfield 10AM Light Weight Exercise 12:30-2:30PM Beginner Art 12:50PM Pass the Ace Card Game	30 9:15-10:15AM Zumba Gold 10:30AM Wii Bowling 1-3PM Mah Jongg	31 9:15AM Strength & Stretch 10-11AM Walking at St. Michael's or Summerfield 1PM Bingo For Bucks	

AUGUST 2025

Town of Onondaga

Senior Calendar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 10-10:50AM Light Weight Exercise
4 10-12Noon 'Busy Hands' 10:30-11:30AM Senior Tap 12:30PM Book Club Meeting 1PM Dominoes & Mah Jongg 1PM Chi Kung 2PM Tai Chi	5 9-12Noon Advanced Art 10-11AM Walking at St. Michael's or Summerfield 10AM Light Weight Exercise 12:30-2:30PM Beginner Art 12:50PM Pass the Ace Card Game	6 9:15-10:15AM Zumba Gold 10:30AM Wii Bowling 10:30-11:30AM Beg/Inter Tap 1-3PM Mah Jongg	7 12 NOON CATERED ITALIAN LUNCHEON Ziti, Meatballs, Salad, Dessert; Rhythm & Shoes entertaining 9:15AM Strength & Stretch 10-11AM Walking at St. Michael's or Summerfield	8 10-10:50AM Light Weight Exercise
11 10-12Noon 'Busy Hands' 10:30-11:30AM Senior Tap 12:30PM Book Club Meeting 1PM Dominoes & Mah Jongg 1PM Chi Kung 2PM Tai Chi	12 9-12Noon Advanced Art 10-11AM Walking at St. Michael's or Summerfield 10AM Light Weight Exercise 12:30-2:30PM Beginner Art 12:50PM Pass the Ace Card Game	13 9:15-10:15AM Zumba Gold 10:30AM Wii Bowling 10:30-11:30AM Beg/Inter Tap 1-3PM Mah Jongg CONCERT IN SANTARO PARK 6-8 PM "Letizia & the Z Band" playing	14 9:15AM Strength & Stretch 10-11AM Walking at St. Michael's or Summerfield 11-12 Noon Tech Help with OFL 1PM Popcorn & ? Day Trip: Explore Oswego	15 10-10:50AM Light Weight Exercise
18 10-12Noon 'Busy Hands' 10:30-11:30AM Senior Tap 12:30PM Book Club Meeting 1PM Dominoes & Mah Jongg 1PM Chi Kung 2PM Tai Chi	19 9-12Noon Advanced Art 10-11AM Walking at St. Michael's or Summerfield 10AM Light Weight Exercise 12:30-2:30PM Beginner Art 12:50PM Pass the Ace Card Game	20 9:15-10:15AM Zumba Gold 10:30AM Wii Bowling 10:30-11:30AM Beg/Inter Tap 1-3PM Mah Jongg	21 9:15AM Strength & Stretch 10-11AM Walking at St. Michael's or Summerfield 1PM Bingo For Bucks	22 10-10:50AM Light Weight Exercise
25 10-12Noon 'Busy Hands' 10:30-11:30AM Senior Tap 12:30PM Book Club Meeting 1PM Dominoes & Mah Jongg 1PM Chi Kung 2PM Tai Chi	26 9-12Noon Advanced Art 10-11AM Walking at St. Michael's or Summerfield 10AM Light Weight Exercise 12:30-2:30PM Beginner Art 12:50PM Pass the Ace Card Game	27 9:15-10:15AM Zumba Gold 10:30AM Wii Bowling 10:30-11:30AM Beg/Inter Tap 1-3PM Mah Jongg	28 9:15AM Strength & Stretch 10-11AM Walking at St. Michael's or Summerfield 1PM Popcorn & ?	29 10-10:50AM Light Weight Exercise