




MARCH 2025 LUNCH MENU



PEACE, INC. SENIOR NUTRITION PROGRAM

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<p style="text-align: right;">3</p> <p>SWEDISH STYLE MEATBALLS OVER PARSLEY & BUTTER EGG NOODLES CALIFORNIA BLEND VEGETABLE FRESH PEAR WHOLE WHEAT BREAD W/MARGARINE PC</p>	<p style="text-align: right;">4</p> <p>**CARIBBEAN JERK CHICKEN** W/ PINEAPPLE & MANGO SALSA COCONUT RICE ROASTED SWEET POTATO W/ SPINACH BANANA</p>	<p style="text-align: right;">5</p> <p>BREADED HADDOCK SERVED ON A WHOLE WHEAT BUN COLESLAW POTATOES O'BRIEN BROWNIE</p>	<p style="text-align: right;">6</p> <p>MEATLOAF W/ MUSHROOM GRAVY PEAS AND PEARL ONIONS MASHED POTATOES GRAPES DINNER ROLL W/ MARGARINE PC</p>
<p style="text-align: right;">10</p> <p>CHICKEN ALFREDO SERVED OVER BOWTIE PASTA BROCCOLI FLORETS PEAR ITALIAN BREAD</p>	<p style="text-align: right;">11</p> <p>SALISBURY STEAK W/ BEEF DEMI-GRAVY MACARONI & CHEESE W/STEWED TOMATOES PEAS & CARROTS BANANA</p>	<p style="text-align: right;">12</p> <p>CHICKEN PARMESAN SANDWICH (SAUCE & MOZZ) SERVED ON A WHOLE WHEAT BUN SEASONED POTATO CUBES COUNTRY BLEND VEGETABLES PUDDING</p>	<p style="text-align: right;">13</p> <p>**CHICKEN TIKKA MASALA** (CHICKEN COOKED IN SWEET TOMATO SAUCE) OVER FRESH CILANTRO BASMATI RICE ROASTED EGGPLANT NAAN MANGO</p>
<p style="text-align: right;">17</p> <p>**NEW ENGLAND BOILED DINNER** (CORNEB BEEF W/POTATOES, BABY CARROTS, CABBAGE WEDGE) CRUSTY BREAD CHOCOLATE CHIP COOKIE</p> 	<p style="text-align: right;">18</p> <p>CHICKEN CORDON BLEU CASSEROLE BROCCOLI FRUIT COCKTAIL</p>	<p style="text-align: right;">19</p> <p>KIELBASA BRAISED RED CABBAGE PIEROGIS CANTALOUPE</p>	<p style="text-align: right;">20</p> <p>SYRACUSE FAMOUS CHICKEN RIGGIE'S SAUTEED GREENS PEACHES FRESH BAKED DINNER ROLL</p>
<p style="text-align: right;">24</p> <p>GIANELLI SAUSAGE GRINDER W/ PEPPERS & ONIONS RANCH SEASONED KETTLE CHIPS HONEY CARROT COINS JELL-O W/ WHIP</p>	<p style="text-align: right;">25</p> <p>BACON & TOMATO CHICKEN SALAD ON A CROISSANT HEARTY MINISTRONE SOUP APPLESAUCE</p>	<p style="text-align: right;">26</p> <p>**SPANISH PAELLA** (SAFFRON-VEGETABLE RICE W/ CHICKEN, SHRIMP & SMOKED SAUSAGE) ASPARAGUS TOMATO BREAD GRAPES</p>	<p style="text-align: right;">27</p> <p>SLOPPY JOE ON KAISER ROLL PEAS & CARROTS HONEY DEW MELON</p>

RESERVATIONS: CALL THE LUNCH LINE @315-469-3259 LUNCH IS SERVED AT NOON 60+ SENIORS... \$3.50 GUESTS UNDER 60... \$7.00
LUNCH RESERVATIONS SHOULD BE IN BY 12:30 PM THE DAY BEFORE OR BY THURSDAY 12:30PM FOR THE FOLLOWING WEEK.

IF YOU HAVE A FOOD ALLERGY, PLEASE NOTIFY US.