JANUARY 2025

Town of Onondaga

Senior Calendar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 SENIOR CENTER CLOSED	2 9:15AM Strength & Stretch 10-11AM Walking at St. Michael's	3 10-10:50AM Light Weight Exercise
-				ST SS SS
6	7	8	9	10
10-12Noon 'Busy Hands'	9-12Noon Advanced Art	9:15-10:15AM Zumba Gold	9:15AM Strength & Stretch	10-10:50AM
10:30-11:30AM Senior Tap	10-11AM Walking at St. Michael's	10AM Wii Bowling	10-11AM Walking at St. Michael's	Light Weight Exercise
12:30PM Book Club Meeting	10AM Light Weight Exercise	10:30-11:30AM Beg/Inter Tap	1PM Sentimental Serenade Singers	821.0
1PM Dominoes & Mah Jongg	10-2PM Legal Aid Society	1-3PM Mah Jongg	entertaining after lunch	Et al Ast
1PM Chi Kung 2PM Tai Chi	"Appts Required"			ang the
6:15PM Strength & Stretch	12:30-2:30PM Beginner Art			0.023-
	12:50PM Pass the Ace Card Game			
13	14	15	16	17
10-12Noon 'Busy Hands'	9-12Noon Advanced Art	9:15-10:15AM Zumba Gold	9:15AM Strength & Stretch	10-10:50AM
10:30-11:30AM Senior Tap 12:30PM Book Club Meeting	10-11AM Walking at St. Michael's 10AM Light Weight Exercise	10AM Wii Bowling 10:30-11:30AM Beg/Inter Tap	10-11AM Walking at St. Michael's 1PM Bingo For Bucks	Light Weight Exercise
1PM Dominoes & Mah Jongg	12:30-2:30PM Beginner Art	1-3PM Mah Jongg	THM BINGO FOI BUCKS	9
1PM Chi Kung 2PM Tai Chi	12:50PM Pass the Ace Card Game			Stratt 13
6:15PM Strength & Stretch		****		2 NOR
20	21	22	23	24
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1 mm	10-11AM Walking at St. Michael's	10AM Wii Bowling	10-11AM Walking at St. Michael's	Light Weight Exercise
	10AM Light Weight Exercise	10:30-11:30AM Beg/Inter Tap		
	12:30-2:30PM Beginner Art	1-3PM Mah Jongg		Section 2
Martin Luther King, Jr. Day	12:50PM Pass the Ace Card Game			EN SANS
Monday, January 20	28	29	30	31
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6:15PM Strength & Stretch				8811-

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17 SENIOR CENTER CLOSED	 18 9-12Noon Income Tax Assistance (Appointment Needed) 9-12Noon Advanced Art 10-11AM Walking at St. Michael's 10AM Light Weight Exercise 12:30-2:30PM Beginner Art 12:50PM Pass the Ace Card Game 	19 9-12Noon Income Tax Assistance (Appointment Needed) 9:15-10:15AM Zumba Gold 10AM Wii Bowling 10:30-11:30AM Beg/Inter Tap 1-3PM Mah Jongg	20 9:15AM Strength & Stretch 10-11AM Walking at St. Michael's 1PM Bingo For Bucks	21 10-10:50AM Light Weight Exercise
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