





DECEMBER 2024

Town of Onondaga

Senior Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>10-12Noon 'Busy Hands' 10:30-11:30AM Senior Tap 12:30PM Book Club 1PM Dominoes 1-2PM Chi Kung 2-3PM Tai Chi 6:15PM Strength & Stretch</p>	<p>3</p> <p>9-12Noon Advanced Art 10-10:50AM Light Weight Exercise 10-11AM Walking at St. Michael's 12:30-2:30PM Beginner Art 12:50PM Pass the Ace Card Game</p>	<p>4</p> <p>9:15-10:15AM Zumba Gold 10AM Wii Bowling 11-12PM Beg/Inter Tap 1PM Mah Jongg</p>	<p>5</p> <p>9:15AM Strength & Stretch 10-11AM Walking at St. Michael's 12Noon HOLIDAY PARTY / CATERED LUNCHEON \$8 – Sign up in office 6:15PM Strength & Stretch</p> 	<p>6</p> <p>10-10:50AM Light Weight Exercise</p>
<p>9</p> <p>10-12Noon 'Busy Hands' 10:30-11:30AM Senior Tap 12:30PM Book Club 1PM Dominoes 1-2PM Chi Kung 2-3PM Tai Chi 6:15PM Strength & Stretch</p>	<p>10</p> <p>9-12Noon Advanced Art 10-10:50AM Light Weight Exercise 10-11AM Walking at St. Michael's 12:30-2:30PM Beginner Art 12:50PM Pass the Ace Card Game</p>	<p>11</p> <p>9:15-10:15AM Zumba Gold 10AM Wii Bowling 11-12PM Beg/Inter Tap 1PM Mah Jongg *Neighborhood Advisor appts</p>	<p>12</p> <p>9:15AM Strength & Stretch 10-11AM Walking at St. Michael's 6:15PM Strength & Stretch TURNING STONE BUS TRIP</p>	<p>13</p> <p>10-10:50AM Light Weight Exercise</p>
<p>16</p> <p>10-12Noon 'Busy Hands' 10:30-11:30AM Senior Tap 12:30PM Book Club 1PM Dominoes 1-2PM Chi Kung 2-3PM Tai Chi 6:15PM Strength & Stretch</p>	<p>17</p> <p>9-12Noon Advanced Art 10-10:50AM Light Weight Exercise 10-11AM Walking at St. Michael's 12:30-2:30PM Beginner Art 12:50PM Pass the Ace Card Game</p>	<p>18</p> <p>9:15-10:15AM Zumba Gold 10AM Wii Bowling 11-12PM Beg/Inter Tap 1PM Mah Jongg *Neighborhood Advisor Appts</p>	<p>19</p> <p>9:15AM Strength & Stretch 10-11AM Walking at St. Michael's 11AM-12Noon Tech Help w/ OFL *After Lunch "Our Town Tappers" performing Holiday Special 6:15PM Strength & Stretch</p>	<p>20</p> <p>10-10:50AM Light Weight Exercise</p>
<p>23</p> <p>10-12Noon 'Busy Hands' 10:30-11:30AM Senior Tap 12:30PM Book Club 1PM Dominoes 1-2PM Chi Kung 2-3PM Tai Chi 6:15PM Strength & Stretch</p>	<p>24</p> <p>SENIOR CENTER CLOSED</p> 	<p>25</p> <p>SENIOR CENTER CLOSED</p> 	<p>26</p> <p>9:15AM Strength & Stretch 10-11AM Walking at St. Michael's 1PM Bingo 6:15PM Strength & Stretch</p> 	<p>27</p> <p>10-10:50AM Light Weight Exercise</p>
<p>30</p> <p>10-12Noon 'Busy Hands' 10:30-11:30AM Senior Tap 12:30PM Book Club 1PM Dominoes 1-2PM Chi Kung 2-3PM Tai Chi 6:15PM Strength & Stretch</p>	<p>31</p> <p>10-10:50AM Light Weight Exercise 10-11AM Walking at St. Michael's 12:50PM Pass the Ace Card Game</p>	