



AUGUST 2024

Town of Onondaga

Senior Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
			1 10-11AM Walking at St. Michael's & Brookdale Summerfield 12Noon CATERED LUNCHEON Italian Feast, Pizza, Antipasto, Zita, Meatballs, Dessert; Jesse Derringer entertaining <i>\$5 – sign up in office</i>	2 10-10:50AM Light Weight Exercise
5 10-12Noon 'Busy Hands' 10:30-11:30AM Senior Tap 12:30PM Book Club 1PM Cards for fun/Dominoes 1-2PM Chi Kung 2-3PM Tai Chi	6 9-12Noon Advanced Art 10-10:50AM Light Weight Exercise 10-11AM Walking at St. Michael's & Brookdale Summerfield 12:30-2:30PM Beginner Art 12:50PM Pass the Ace Card Game	7 9:15-10:15AM Zumba Gold 10AM Wii Bowling 11-12PM Beg/Inter Tap 12:45PM Knit & Crochet Group 1PM Cards for fun & Mah Jongg SMALL TOWN AMERICA TRIP	8 10-11AM Walking at St. Michael's & Brookdale Summerfield	9 10-10:50AM Light Weight Exercise
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