





JULY 2024

Town of Onondaga

Senior Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
10-12Noon 'Busy Hands' 10:30-11:30AM Senior Tap 12:30PM Book Club 1PM Cards for fun/Dominoes 1-2PM Chi Kung 2-3PM Tai Chi 6:15 PM Strength & Stretch	9-12Noon Advanced Art 10-10:50AM Light Weight Exercise 10-11AM Walking at St. Michael's & Brookdale Summerfield 12:30-2:30PM Beginner Art 12:50PM Pass the Ace Card Game	9:15-10:15AM Zumba Gold 10AM Wii Bowling <u>NO Beg/Inter Tap Today</u> 12:45PM Knit & Crochet Group 1PM Cards for fun & Mah Jongg	SENIOR CENTER CLOSED 	SENIOR CENTER CLOSED
8	9	10	11	12
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15	16	17	18	19
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22	23	24	25	26
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