MARCH 2024 LUNCH MENU

PEACE, INC. SENIOR NUTRITION PROGRAM

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
SWEDISH STYLE MEATBALLS OVER EGG NOODLES CALIFORNIA BLEND VEGGIES FRESH ORANGE	5 CRANBERRY WALNUT CHICKEN SALAD SERVED ON A CROISSANT TOMATO FLORENTINE SOUP FRUIT COCKTAIL	6 HOMEMADE MEATLOAF W/ MUSHROOM GRAVY GARLIC RED SKIN MASHED POTATOES STEAMED BROCCOLI FLORETS CANTALOUPE	7 MEATBALLS & MARINARA OVER SPAGHETTI FOUR-WAY MIXED VEGGIES DICED PEARS CRUSTY ITALIAN BREAD
GLAZED HAM SWEET POTATOES W/ CINNAMON PECAN CRUNCH SPINACH PINEAPPLE	PHILLY CHEESESTEAK W/ PEPPERS AND ONIONS SEASONED POTATO WEDGES STEAMED BRUSSEL SPROUTS PEANUT BUTTER COOKIE	ROASTED CHICKEN W/ GARLIC HERB GRAVY APPLE & CELERY STUFFING BUTTERY PEAS & PEARL ONIONS MANDARIN ORANGES	ST. PATRICK'S DAY PARTY BEEF POT ROAST W/ GRAVY SMASHED RED SKIN POTATOES CAPRI BLEND VEGGIES PINEAPPLE TIDBITS FRESH WHOLE WHEAT ROLL
18 CHICKEN CACCIATORE OVER WHOLE GRAIN PENNE FRESH SPINACH SALAD LEMON ITALIAN ICE SOFT ITALIAN BREAD	BEEF CHILI CON CARNE ROMAINE & MANDARIN ORANGE SALAD FRUIT COCKTAIL HONEY CORN BREAD MUFFIN	20 SLOW-COOKED PORK & GRAVY HOMESTYLE MASHED POTATOES FOUR-WAY MIXED VEGGIES APPLESAUCE	SLOPPY JOE ON KAISER ROLL NEW POTATOES OVEN ROASTED BRUSSEL SPROUTS JUICY DICED PEACHES
TURKEY ON WHOLE WHEAT KAISER W/LETTUCE & TOMATO HEARTY MINESTRONE SOUP DICED PINEAPPLE	26 SWEET & SOUR SHREDDED PORK OVER SESAME RICE ORIENTAL BLEND VEGGIES APRICOTS	27 SLICED HAM & PROVOLONE ON WHOLE WHEAT KAISER W/ HONEY MUSTARD GREENS & BEANS SOUP RAINBOW SHERBERT	28 SIRLOIN BEEF STROGANOFF OVER PARSLIED EGG NOODLES CALIFORNIA BLENDED VEGGIES FRESH BANANAS

RESERVATIONS: CALL THE LUNCH LINE @315-469-3259

LUNCH IS SERVED AT NOON

60+ SENIORS... \$3.50

GUESTS UNDER 60... \$7.00