## **APRIL 2024**

## Town of Onondaga

## **Senior Calendar**

	-		
Tuesday			
2	3	4	5
9-10AM Chair Yoga	9-12Noon AARP Tax Assistance	10-11AM Walking at St. Michael's	10-10:50AM Light Weight
9-12Noon AARP Tax Assistance	*Appointment REQUIRED*	12Noon CATERED LUNCH - \$5	Exercise
9-12Noon Advanced Art	9:15-10:15AM Zumba Gold	Spaghetti, Meatballs, Antipasto	
10-10:50AM Light Weight Exercise	10AM Wii Bowling	Entertainment by Clear	P
10-11AM Walking at St. Michael's	11-12PM Beg/Inter Tap		
12:30-2:30PM Beginner Art	1PM Cards for fun & Mah Jongg	6:15 PM Strength & Stretch	TS)
12:50PM – Pass the Ace Card Game			KLIZZANA KLIZZANA
9	10	11	12
9-10AM Chair Yoga	9-12Noon AARP Tax Assistance	10-11AM Walking at St. Michael's	9-3:30PM AAA Defensive
9-12Noon AARP Tax Assistance	*Appointment REQUIRED*	÷	Driving Course
9-12Noon Advanced Art	9:15-10:15AM Zumba Gold	6:15 PM Strength & Stretch	10-10:50AM Light Weight
10-10:50AM Light Weight Exercise	10AM Wii Bowling	-	Exercise
10-11AM Walking at St. Michael's	11-12PM Beg/Inter Tap		
12:30-2:30PM Beginner Art	1PM Cards for fun & Mah Jongg		
12:50PM - LCR Game			
16	17	18	19
9-10AM Chair Yoga	9:15-10:15AM Zumba Gold	10-11AM Walking at St. Michael's	10-10:50AM Light Weight
9-12Noon Advanced Art	10AM Wii Bowling	1PM Bingo	Exercise
10-10:50AM Light Weight Exercise	11-12PM Beg/Inter Tap	ALNG A	
10-11AM Walking at St. Michael's	1PM Cards for fun & Mah Jongg		
12:30-2:30PM Beginner Art	1PM Neighborhood Advisor	6:15 PM Strength & Stretch	
12:50PM Pass the Ace Card Game	*Appt. Req.*		
9-10AM Chair Yoga 23	24	25	26
9-12Noon Advanced Art	9:15-10:15AM Zumba Gold		10-10:50AM Light Weight
10-10:50AM Light Weight Exercise		5	Exercise
10-11AM Walking at St. Michael's	<b>11-12PM</b> Beg/Inter Tap	6:15 PM Strength & Stretch	
10-2PM Legal Aid *Appt. Req.*	<b>1PM</b> Cards for fun & Mah Jongg		
12:30-2:30PM Beginner Art			
<b>12:50PM –</b> LCR Game			
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9-10AM Chair Yoga	Mr.		
9-12Noon Advanced Art			
10-10:50AM Light Weight Exercise			To the state
10-11AM Walking at St. Michael's			
12:30-2:30PM Beginner Art	$\langle \mathbf{x} \mathbf{x} \rangle$		
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