



# Our Town

FALL/WINTER  
2022-2023

Town of  
**Onondaga**  
RESIDENT NEWSLETTER

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## Town of Onondaga Information



### Onondaga Town Hall

5020 Ball Road, Syracuse NY 13215

### Onondaga Town Board

John P. Mahar, Supervisor	(315) 469-3888
Kathy Fedrizzi, Councilor	(315) 345-7402
Lisa Goodwin, Councilor	(315) 345-4083
Mary Ryan, Councilor	(315) 469-3637
John Wheatley, Councilor	(315) 492-0445

### County Legislators

John D. McBride (11th District)	(315) 345-1403
William T. Kinne (15th District)	(315) 469-4363

### Town of Onondaga Phone Numbers

Supervisor's Office	(315) 469-3888	Justice Department	(315) 469-1674
Town Clerk's Office	(315) 469-1583	Historical Society	(315) 214-2383
Tax Receiver's Office	(315) 469-0483	Highway Department	(315) 469-1664
Assessor's Office	(315) 469-3216	• 4478 W. Seneca Tpk., Syracuse, NY 13215	
Codes Office	(315) 469-3144	Parks & Recreation and Senior Center	(315) 469-3464
		• 4834 Velasko Rd. Syracuse, NY 13215	

### Committees

Recreation and Senior Committee	• Councilors Goodwin & Wheatley
Insurance Committee	• Councilors Ryan & Fedrizzi
Highway Committee	• Councilor Wheatley & Supervisor Mahar
Personnel Committee	• Councilors Ryan, Fedrizzi & Supervisor Mahar
Fire and Safety Committee	• Councilors Ryan & Goodwin
Library Committee	• Councilor Goodwin
Development and Codes Review Committee	• Supervisor Mahar & Councilor Wheatley

***Dear Fellow Residents,***

It's been a busy nine months since I started as Town Supervisor. Along with the hardworking, community-minded members of the Town Board, we are excited about the progress made to support local business, improve the environment, upgrade infrastructure, manage your tax dollars effectively and implement quality of life improvements for and communication with residents. We will always strive to meet and exceed your expectations to continually move our great town forward.

**Here are some of the things we want to be sure you are aware of:**

## **Quality of Life**

- The new playground at Kelley Park opened this summer and families in the area are making great use of it.
- We secured community development funds through the county for new baseball fields at Santaro Park and construction will start pending environmental review studies. Tennis and pickleball courts are complete!
- The 2022 Parade of Homes is set for October 13 – 23 in the now-in-progress Old Town Estates neighborhood, located on Onondaga Hill off Cleveland Rd. This will be the seventh Parade event held in our town.
- The town has condemned and continues to pursue teardown of the former Lafayette Country Club, which is a blight to our community. We are embroiled in a legal battle with the owner but want to ensure residents that this is a top priority.
- We are making recruitment support for our amazing volunteer fire departments a priority for the long-term and will work closely with them throughout the fall and winter to put tangible programs in place.

## **Infrastructure**

- Several businesses along South Salina St. in Nedrow have begun or completed improvements to their facilities and properties after receiving town-allotted grants for upgrades. The businesses include ECK Tree & Outdoor Power/Ferris Mowers, Colonial Laundromat, EJ's Auto, Central New York Glass Block and Green Hills Farms.
- The switchover to LED street lighting is nearing completion across the town. LEDs save energy, money, cause less hazardous and non-hazardous waste, require less maintenance, and can improve safety by providing greater visibility.
- Our Town Highway Department is to be commended for the fast response and outstanding clean-up following the microburst that devastated many businesses and homes both north and south of Route 175 this past July.
- The town is participating in the Community Solar subscription agreement, which provides solar credits on our utility bill, thereby reducing total electricity expenses. There are no associated fees. We simply agree to receive solar credits from our allocated share of a solar farm. For information on how this innovative cost-saving program works, go to [energy.gov/eere/solar/community-solar-basics](http://energy.gov/eere/solar/community-solar-basics).

## **Communication**

- IT updates have been completed at all town buildings to improve cybersecurity, resident and employee safety, and operational efficiencies. Also, many services can now be accessed online by residents via our new highly interactive website at [townofonondaga.gov](http://townofonondaga.gov). Likewise, our Facebook page (@townofonondaga) has proven to be a great place to share information about what is going on in our town, reaching, on average, 12.2K people a month. Do not hesitate to submit your stories, news and event announcements to our FB admin.
- We are in the exploration stage of a community-wide messaging service to share urgent information with residents re. utility service interruptions, road/traffic updates, missing person/public threats/dangerous wildlife and severe weather.
- Please know, I am readily available to answer your questions, address your concerns and hear your ideas. Contact me at 315-469-3888 or [tburns@townofonondaga.gov](mailto:tburns@townofonondaga.gov).

***Sincerely,  
John P. Mahar  
Town Supervisor***



## ***Dear Fellow Residents,***

I hope you have all been enjoying this beautiful summer! Our office has been very active in fulfilling the many services we offer to our residents. If you've had the opportunity to stop in for any of them, I hope it was a positive experience! Here are a few things that you might be interested in.

### **Conservation Licenses**

By now, many of you will have already received your Hunting Licenses and Deer Management Permits (DMP) for this year's season. As in the past, the sale of DMPs ends at the close of business on October 1st (Friday, September 30th our office). It is helpful if you review the Deer Management Unit Map to determine where you will want your permit issued, prior to getting your license. Please visit [www.dec.ny.gov](http://www.dec.ny.gov) for all of the latest hunting and fishing information and regulations.

### **Handicapped Parking Permits**

You can obtain your handicapped hang-tags/parking permits at our office as long as you have completed the application required by New York State. Applications can be obtained from your doctor's office or here at the Town Clerk's office. You will need to have the form completed and signed by you and your doctor, and you will also need to provide your driver's license, or a state-issued ID when applying. You must also be a resident of the Town of Onondaga.

### **Veterans Return the Favor Cards**

An honorably discharged military Veteran residing in Onondaga County can get their FAVOR card by bringing their discharge papers or DD-214, along with photo ID to the Town Clerk's office. FAVOR cards qualify you for discounts throughout Onondaga County. For a list of participating merchants, stop into the Town Clerk's office or visit [ongov.net/favor](http://ongov.net/favor). It's one small way to show our appreciation to our many Veterans throughout our community!

### **Dog Licensing**

You may have received a letter or a phone call from our office regarding your dog's license renewal. Our goal is to have all of our records as up to date as possible. If you have received a call or a letter, please provide our office with updated rabies information, so we can continue to maintain accurate records of the dogs in our community. You can license your dog for up to three years at a time – depending on when the vaccine expires. Having your dog licensed has also proven to be a great tool in reconnecting lost dogs with their owners!

### **U.S. Passports (Appointment Required)**

The Onondaga Town Clerk's Office continues to be a great place to submit your passport application. Application processing times are 8 - 10 weeks for routine service and five-seven weeks for expedited service. It is imperative that you plan ahead for any travel you plan outside of the United States. If there is a life-or-death emergency in the applicant's immediate family that require them to travel outside the United States, a passport can be received within 72 hours (3 business days). An appointment for emergency passport service can be made by calling 1(877)487-2778.



As a reminder, the REAL ID full enforcement date is fast approaching! **Beginning May 3, 2023**, every air traveler 18 years of age and older will need a REAL ID-compliant driver's license or identification card, state-issued enhanced driver's license, or another TSA-acceptable form of identification at airport security checkpoints for domestic travel.

### **Additional Information**

As we continue to move forward, we do ask that you call 315-469-1583 to make an appointment for a passport, marriage license, or any lengthy notary service. We hope that by doing this, it will prevent too many people waiting together at one time and will create a better experience for everyone.

**As a reminder, here are some of the services offered to you by the Town Clerk's Office:**

- Marriage Licenses • Notary Services • Records Management
- Records Access / FOIL Requests • Plus a Whole Lot More!

***Your Town Clerk,  
Janet Hillery***





## From the Assessor's Office

*Dear Residents,*

I wanted to introduce myself as the new Assessor here at the Town of Onondaga. I have worked for the town in this office for a little over a year now and I am very excited to serve this community as your Assessor.

Please remember that the time to apply for and renew your exemptions is here! If you have not already, you will soon receive a renewal letter for your exemption(s) from our office. The deadline to apply for and renew all exemptions is March 1, 2023.

Please don't hesitate to reach out to our office if you have any questions on the information you need to provide with those forms.

I am excited to meet more of you this year and welcome you to reach out to me at any time with questions or concerns at (315) 469-3216 or [ssarsfield@townofonondaga.gov](mailto:ssarsfield@townofonondaga.gov).

*Sincerely,*

**Sadee Sarsfield**

*Town of Onondaga Assessor*



## From the Receiver of Taxes

*Dear Neighbors,*

It's back to school time and that means ... school tax collection. Bills will be mailed around August 30 and due without penalty by September 30. Deputy Tax Receiver, Annie Owens, and I hope to make it as painless as possible through efficient processing, assistance with your questions and service with a smile - and a kiss (Hershey's, that is).

### Following is this year's penalty schedule:

- September 1 – 30: No penalty
- October 1 – 31: 2% fee
- November 1 – 15: 5% fee (*Payments must be made to Onondaga County.*)
- After November 15: Outstanding balances are added to the 2023 property tax bill.

As has been the case for the past two years, no cash is accepted. Payments by check or money order can be mailed to or made in-person at Town Hall (5020 Ball Rd.). Credit cards and e-checks are accepted online at [ongov.net/etax](http://ongov.net/etax).

### **A couple of quick reminders:**

- Our office does not provide tax estimates. See Through NY however offers a handy tax calculator at: [seethroughny.net/benchmarking/property-tax-calculator](http://seethroughny.net/benchmarking/property-tax-calculator).
- Any questions regarding exemptions, including STAR, Enhanced STAR, veteran, senior citizen, agricultural or any other, can be made to our Assessor at [ssarsfield@townofonondaga.gov](mailto:ssarsfield@townofonondaga.gov) or 315.469.3216.
- Periodic updates from our department are posted at the Town's Facebook page (@townofonondaga). Be sure to follow us!

## From the Highway Superintendent

*Dear Fellow Residents,*

Hope everyone had a nice summer season. We have been busy at the Highway Department with many paving, patching, concrete, and drainage projects. Along with these projects we have been picking up brush and yard waste throughout the summer and will continue into the fall as weather permits.

Our annual Fall Cleanup will start after Labor Day, you should have received a schedule in the mail but if you didn't get one, we have provided the schedule here. I would like to remind everyone that once we have cleaned up your district, we won't be around for brush and yard waste again until after all 7 districts are completed.

Thank you for your continued cooperation, if you have any questions, please feel free to contact me at the highway garage at (315) 469-1664, new email: [lcrowley@townofonondaga.gov](mailto:lcrowley@townofonondaga.gov). We are also on Facebook (@townofonondaga) and look for our new website coming soon.

*Very truly yours,*

**John Smith**

*Highway Superintendent*



*Sincerely,*

**Kathy Dwyer**

*Receiver of Taxes*



# Fall Trash Pick-up Schedule

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Please have your junk, brush and yard waste at the roadside by 7am on Monday of your scheduled week to ensure you are not missed. We will only pick up once on your street during that week.

**PLEASE NOTE, WE WILL NOT RETURN FOR BRUSH AND YARD WASTE AGAIN UNTIL AFTER ALL 7 FIRE DISTRICTS ARE COMPLETED. THIS MEANS NOT UNTIL AFTER OCTOBER 21, 2022.**

**Reminder:** OCRRA'S Amboy and Jamesville compost sites are open for you to take yard waste if you don't want to wait until after October 21 for final pickup of the year, call for more details.

## SCHEDULE

- **Howlett Hill Fire District** ----- Sept. 5
  - Cedarvale Rd. to Townline Rd.
- **S. Onondaga & Navarino Fire District** ----- Sept. 12
- **Taunton 1 & 2 Fire District** ----- Sept. 19
  - Including: Harris Hill, Buxton Woods & Sherwood Farms
- **Onondaga Hill Fire District** ----- Sept. 26
  - North of W. Seneca Tpk. Including: Limehill, Breckenridge and Autumn Ridge
- **Onondaga Hill Fire District** ----- Oct. 3
  - South of W. Seneca Tpk. Cut off is Cole Rd, but does not include Cole Rd.
- **Nedrow Fire District** ----- Oct. 10
  - West of S. Salina St.
- **Nedrow Fire District** ----- Oct. 17
  - East of S. Salina St. Including Southwood, Crownpoint & Sentinel Hgts.

**Fire District information can be found on your property tax records or call Hwy. Dept. for help.**

## EXAMPLES OF ACCEPTABLE ITEMS

- Sofas, chairs, box springs, washers, dryers, toys, scrap wood, plumbing fixtures, lawn furniture, grills, carpeting, dry empty paint cans without lid.
- Brush: MUST be piled separately from junk and will be picked up with your scheduled Fall Cleanup. Branches must be 6 inches in diameter or less and no more than 8 feet in length. Please stack neatly away from fences, power poles and low wires.
- Leaves & Yard Waste: MUST be in paper leaf bags or cardboard boxes. No plastic bags will be picked up, as they are not biodegradable and cannot be composted. No stones, dirt or trash of any kind in bags please.

**If you have questions about any information on this flyer, please call or email the Hwy. Dept.**

## **Town of Onondaga Highway Dept.**

- 4478 W. Seneca Turnpike Syracuse, NY 13215
- Phone: (315) 469-1664
- Fax: (315) 469-4557
- Email: [LCrowley@townofonondaga.com](mailto:LCrowley@townofonondaga.com)
- Website: [www.townofonondaga.com](http://www.townofonondaga.com)

## ITEMS WE CANNOT PICKUP

- Recyclables of any kind, plastic & glass bottles, papers, newspapers, magazines and cardboard.
- Mattresses
- Tires & Batteries
- Barrels of any kind
- Gas & Propane tanks
- Tree stumps & Rocks
- Freezers, Refrigerators, Dehumidifiers
- Toxic containers, medical supplies or waste
- Lawn Chemicals
- Asbestos, Shingles, Pipe wrap
- Concrete and any other Building Materials of any kind from your home.
- Paint cans with contents & lid on.
- No TV's, Computers, Microwaves, Air Conditioners, or Electronics of any kind.
- Please no household garbage



**For help disposing of the above items contact  
OCRRA: (315)453-2866 or [www.ocrra.org](http://www.ocrra.org)**

Blue Bins are available at the Town Hwy Dept. to be picked up, Mon-Fri 7am to 3:30pm.

## *Town of Onondaga Residents,*

The past few months have been busy at the Onondaga County Legislature, as Legislators including myself pushed forward several important resolutions which will bring big benefits to the people of the 11<sup>th</sup> District and our whole county. We approved \$15 million dollars to help improve broadband service in rural areas and a Senior Household Stimulus Program which will soon provide more than 27,000 seniors with \$200 checks.

Perhaps I'm most excited about the money I secured to help with flooding relief in the Town of Onondaga. The resolution I sponsored allowed for \$100,000 in hazard flood relief for county municipalities and I'm proud to say it passed with bipartisan support. The Town is getting a portion of that to help with repairs and changes to Hogsback Road, where many of you will remember we had serious flooding and road damage following severe storms in 2021. Among the work that was done: the building of a large retaining wall structure below the eastern shoulder of the failed roadway, and the construction of a sub-surface drainage collection system and a new 36-inch diameter HDPE storm culvert. This work will hopefully eliminate future flooding issues at this location. The county money I secured will help the Town of Onondaga cover the high cost of this much-needed project, and so I'm glad I was able to help make it available.

District 11 residents are saving at the gas pump, thanks to a gas tax cap the Legislature approved earlier this year. The cap limits the county sales tax on gasoline purchases through November 30<sup>th</sup>. With the cap in place, sales tax won't be charged on any amount over \$3, regardless of how high the price of gas rises. The savings may seem small each time you fill up, but over time, that money adds up and has already saved drivers – myself included – significant amounts. It's a great way not just to help everyday drivers, but our local businesses with vehicles on the roads.

We are lucky to have Onondaga Community College in our district, and this institution of higher learning has taken itself so much higher in the last 9 years under the leadership of President Dr. Casey Crabill. She retired earlier this year and it was my distinct pleasure to honor her with a Gold Seal – the County Legislature's highest honor. I wish her well in retirement and I now look forward to working with her replacement, Dr. Warren Hilton.

Everything I do at the Onondaga County Legislature is about you – the residents and business owners of the 11<sup>th</sup> District. It's so important to me to find ways to help you, especially during these difficult days when prices of almost everything have risen. As always, I am thankful for your support and will continue to do all I can for our district. It really is an honor for me to be your Onondaga County Legislator.

Feel free to reach out to me anytime (contact information below) and be sure to follow the Legislature's page on Facebook for updates on what we are up to. You can find it at [Facebook.com/OnondagaCountyLegislature](https://www.facebook.com/OnondagaCountyLegislature).

## ***John D. McBride*** ***Onondaga County Legislature***

*Onondaga County Legislator – 11<sup>th</sup> District*  
*4762 Manor Hill Drive*  
*Syracuse, New York 13215*  
*Cell: (315) 345-1403*  
*Legislature: (315) 435-2070*  
*Email: [lmcbri1@twcny.rr.com](mailto:lmcbri1@twcny.rr.com)*





## *Onondaga County Legislature*

John D. McBride  
County Legislator - 11th District

### **Onondaga County Legislator and Town of Onondaga work together to repair flooding damage and to prevent future flooding from occurring**

One highly-used road in the Town of Onondaga has seen its fair share of significant and destructive flooding, but recent construction work hopes to stop it from happening again.

The work on Hogsback Road – which was closed in 2021 following severe storms that washed out part of the roadway - was completed with the help of county money secured by Onondaga County Legislator John McBride.

At the time of the flooding, Thomas Andino was the Supervisor for the Town of Onondaga.

“I contacted our County Legislator, John McBride, and alerted him about the situation on Hogsback” recalls Andino. “He visited the site to assess the damage sustained and made a commitment that he would work to secure funding from Onondaga County to assist the Town for our unbudgeted expenses incurred to repair Hogsback Road.”

That’s exactly what Legislator McBride did.

“The resolution I sponsored allowed for \$100,000 in hazard flood relief for county municipalities and I’m proud to say it passed with bipartisan support” says McBride, whose 11<sup>th</sup> District includes the Town.

Current Town of Onondaga Supervisor John Mahar says they were able to secure \$30,000 of that money for the Hogsback Road project. That’s a third of the overall cost, but Mahar says it helps subsidize the burden to the Town.

“Although this is somewhat of a remote road, its closure was quite troublesome and a safety hazard to the homes and families affected” he says.

Among the work that was done: the building of a large retaining wall structure below the eastern shoulder of the failed roadway, and the construction of a sub-surface drainage collection system and a new 36-inch diameter HDPE storm culvert.

“It was an excellent collaboration between Legislator McBride, the town engineer, and the highway superintendent to put together a plan to not only repair the washed-out road but make sure it would not happen again” adds Mahar. “The final product is outstanding. I thank Legislator McBride for his efforts in bringing this project to completion.”

“This work will hopefully eliminate future flooding issues at this location” says Legislator McBride. “The county money I secured helps not just the Town of Onondaga cover the high cost of this much-needed project, but it helps the residents of Hogsback Road feel more confident serious flooding won’t occur there again. So, I’m glad I was able to help make this funding available.”

Andino adds, “Our residents and I were very thankful to Legislator McBride for his efforts in securing these funds.”





**4840 W. Seneca Turnpike Syracuse, NY 13215**

- **Phone:** 315-492-1727
- **Website:** [www.oflibrary.org](http://www.oflibrary.org)
- **Email:** [info@oflibrary.org](mailto:info@oflibrary.org)
- **Social Media:** @OnondagaFreeLib  
✓ We're on Facebook, Instagram and Twitter!

**Board of Trustees meetings: Wednesdays @ 6:00 PM**  
Sept. 28, Oct. 26, Dec. 28, Jan. 25, Feb. 22

## *Message from the Library Director*

Dear Residents,  
Thank you for your support and patronage this year. Be sure to check out our upcoming Fall events along with the excellent library services you expect from our dedicated staff, Board of Trustees and Friends.

### **Weekday hours:**

- **Monday – Thursday:** 9am-8:30pm,
- **Friday & Saturdays:** 10am-5pm
- **Sundays:** Closed

### **Fall/Winter Holiday Closings:**

- September 3-5
- October 10
- November 11, 24, 25
  - Close on Nov. 23 at 5:00 PM
- December 24-26 & 31
  - Close on Dec. 31 at 5:00 PM
- January 1, 2, 16
- February 20

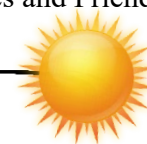


## *Friends of OFL*

The Friends are hosting a **book sale** October 20-22, with a Friends Preview Night on October 19. Donations of gently used books, movies and more will be accepted during regular library hours October 14, 15, 17 and 18. The **Festival of Trees** will return for its 16<sup>th</sup> year this holiday season- More details to come! If you would like to learn more about our Friends group and become a member, visit [www.oflibrary.org/friends-of-ofl/](http://www.oflibrary.org/friends-of-ofl/) or attend a monthly meeting- the 1<sup>st</sup> Wednesday of each month at 7pm.



## *Summer Recap*



As we head into fall, we want to highlight the terrific summer we had at OFL. This year, summer reading participation was exceptional with 436 kids, 74 teens, and 137 adults registered! Thank you to our summer reading sponsors: the Friends of OFL, Gannon's Ice Cream and Fairmount Glen Miniature Golf. Your support made our summer a huge success. Finally, thank you to our patrons- we were delighted to see everyone enjoying the library!

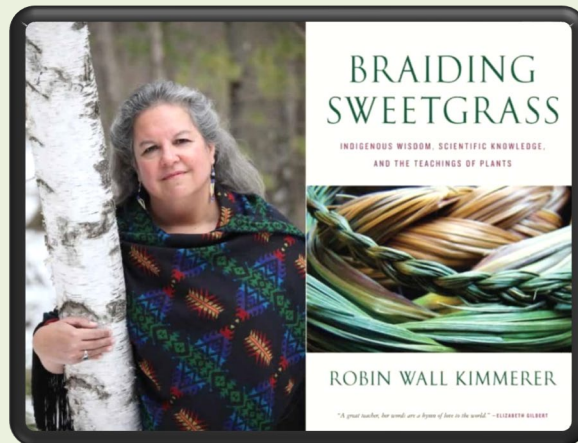


## *Long Range Plan*

We are updating our long-range plan and will be seeking community input on what we want to accomplish over the next several years. Our board of trustees will select a consultant to lead this project beginning in the fall. We value your participation in this process; it is essential as we work towards an even better OFL. As a result, we anticipate improvements to our building, collections, programs, and services.

## AUTHOR VISIT!

We are thrilled to announce that Robin Wall Kimmerer, *New York Times* bestselling author of *Braiding Sweetgrass: Indigenous Wisdom, Scientific Knowledge and the Teachings of Plants* will be joining us on October 12 at 7pm as part of our Diverse Voices Book Club. As a botanist, Kimmerer is trained to ask questions of nature with the tools of science. As a member of the Citizen Potawatomi Nation, she embraces the notion that plants and animals are our oldest teachers. In *Braiding Sweetgrass*, Kimmerer brings these two lenses of knowledge together to take us on “a journey that is every bit as mythic as it is scientific, as sacred as it is historical, as clever as it is wise” (Elizabeth Gilbert). Registration will open on September 20<sup>th</sup>, with the option attending in-person or virtually. Copies of *Braiding Sweetgrass* will be available for purchase at the event courtesy of Parthenon Books.



## TECH HELP:

A LiteracyCNY volunteer is now available for drop-in tech help every Monday, 1:00 - 4:00 PM, and Friday 1:30 – 4:30 PM. Learn how to use a computer, tablet or smartphone; create and use an email account; search and apply for jobs; write a resume and cover letter; use social media; work with Microsoft Office or Google Suite; and more! You can also schedule a 45-minute 1-on-1 Techtorial with OFL's Digital Services & Technology Librarian- Mondays at 10:30am & 2pm or Thursday at 10:30am.

## TEEN VOLUNTEERS WANTED!

Throughout September, we will be accepting applications for our Junior Library Volunteers (JLV) program. Volunteers help plan library events, create book displays and write reviews, and complete community service projects. Fill out the JLV application at [www.oflibrary.org/volunteer](http://www.oflibrary.org/volunteer) to learn more.

Learn about all of our fall programs including weekly storytimes, a Rocket Build & Launch with the Syracuse Rocket Club, Strathmore Speaker Series and more at [www.oflibrary.org/program-guide](http://www.oflibrary.org/program-guide) or scan the QR code for our online calendar and program registration.

**Scan the QR  
code to learn  
more about  
your library!**



## ***Dear Residents,***

What a busy summer 2022 has been. From several ongoing projects in the parks to keeping the youth engaged with fantastic programs, to celebrating 50 years of our Senior program.

This summer we offered day camps for the first time at Santaro Park and Wheeler Elementary. We were able to bring fun to over 270 town youths over a six-week period. Thanks go out to Jack Davison our Recreation Supervisor and his staff for making this transition from playground programs happen with very few bumps along the way. Also, a big thank you to Rachel Draper our receptionist, and all those parents out there for getting through the medical paperwork required by the County Health Department. We are proud to be able to keep your children safe while having tons of fun!

Swing by our parks this fall to enjoy our new additions. Kelley Park is finally sporting a new playground and kids have been climbing and sliding since mid-July. Santaro Park holds three newly surfaced tennis courts and four brand new pickleball courts. King Park maintenance facility has a new roof and hopefully this fall the new playground pieces will arrive. The Senior Center will be getting a new facelift (siding) and the addition of a pavilion to enjoy time outside in nice weather by the end of the year as well.

Looking ahead we are excited to soon be a part of our new town website. Along with the new website, we will also have a new email. Stay tuned for all the changes by checking regularly both our Parks and Recreation website and Facebook page. As a reminder, the opportunity to share your thoughts and ideas with the department is always open. Please feel free to call, email or better yet, stop by and share your thoughts on what we can do to provide programs that you have an interest in. I always encourage our residents and staff to have a communicative relationship, and there is no better way to do that than stopping by the department, even if it's just to say hello! See you out and about!

*Sincerely,*

***Charry Lawson***

*Parks and Recreation Director*



## ***H.E.R.O. Scholarship Fund Information***

Become a H.E.R.O. (Help Expand Recreation Opportunities) by contributing to our scholarship fund. Your generous gift enables another child in our community to enjoy a recreation activity or program. 100% of your contribution to the H.E.R.O. fund will benefit a Town of Onondaga youth.

Next time you visit the Parks & Recreation office or sign up for a class, please consider making a contribution. Inquiries about the H.E.R.O. program can be made by calling (315) 469-3464.

We thank you in advance for contributing to our scholarship fund!



**YES, I want to be a**

**Town of Onondaga Recreation H.E.R.O.**

*Enclosed is a donation in the amount of*

☐ \$10 ☐ \$25 ☐ \$50 ☐ \$100 ☐ Other \$ \_\_\_\_

**Checks payable to: Town of Onondaga**

I understand that 100% of my donation will be given to the H.E.R.O. Scholarship Fund.

***The following information is optional***

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

**Thank you for giving these opportunities to others!**



## Parks and Recreation Department

- **Address:** 4834 Velasko Rd. Syracuse, NY 13215
- **Phone:** (315) 469-3464
- **Fax:** (315) 469-2816
- **Email:** [recreation@townofonondaga.gov](mailto:recreation@townofonondaga.gov)
- **Web:** [townofonondagarecreation.com](http://townofonondagarecreation.com)

## Parks & Recreation Department Office & Sr. Center



### OFFICE HOURS:

Mon. – Fri: 8:30AM - 4:30PM

## Serving your Leisure Needs

- **Charry Lawson** - Parks & Recreation Director
- **Jack Davison** - Recreation Supervisor
- **Barbara Michalski** - Senior Program Coordinator
- **Richard Lamphier** - Park Labor Crew Leader
- **Rachel Draper** - Recreation Secretary

## Registration Information

### REGISTRATION IS ON A FIRST COME, FIRST SERVED BASIS.

- Non-residents pay \$10.00 more for most programs.
- Registration is online at [townofonondagarecreation.com](http://townofonondagarecreation.com).
- We have a drop box in the rear of the building/office on East Ave. Please do not leave cash.
- Registration deadline (unless otherwise specified) for all programs is one week before the program begins. A late fee of \$10.00 will be added to the program fee when registering after the deadline.
- Don't wait for deadlines. Program may be canceled if minimum not reached.
- It is the intention of the Town that no youth be denied the ability to participate in programs because of an inability to pay. Partial scholarships are available for youth programs to eligible families.
- Parking and entrances on both Velasko Road and East Avenue.
- Now accepting major credit cards. A 2.65% (\$3.00 min.) convenience fee is added to each credit card transaction. **This fee is non-refundable**, even if the program is cancelled by the department.
- If paying in person or by mail, please make checks payable to Town of Onondaga. An online account must be created even if you choose not to pay online.

## Refund & Cancellation Policies

### REFUND/CREDIT POLICY

- Please use care when selecting classes. A 100% refund (excluding the convenience fee for registration when using a charge card) will be made when a class is canceled by the Recreation Department. Refunds or account credit will be made up to a week before the program begins. Credit will be added to your account in full, but a \$5.00 administration fee will be deducted for refunds. A \$20.00 fee will be charged for any returned checks.

### CANCELLATION POLICY

- In the event of a cancellation due to weather or any other unavoidable problem, every effort will be made to contact participants. However, sometimes this is impossible. If you are ever in question as to whether or not a class might be canceled, call the Recreation Office at 315-469-3464.



Listed are the four Town parks and a brief description of each facility. Please be aware that dogs are banned from all parks. Parks will be closed November through April. Although all parks have restrooms, they are only open when there is a permit, or when we have a program running on site. Otherwise, bathrooms will be closed. Groups of 15 or more MUST have a permit. Reservations for courts, fields, and pavilions require a permit, available at the Parks & Recreation office, or online at [townofonondagarecreation.com](http://townofonondagarecreation.com). The permit form found online or in our office, lists all fees and rules. An online account must be created prior to submitting a reservation request to complete the rental process.

## **Kelley Brothers Memorial Park - 251 Dorwin Avenue, Syracuse, NY 13205**

This 15-acre park has a new, rentable pavilion with an accessible walkway and grills nearby. The Park also has playground areas, a tennis court, beach volleyball court, and a basketball court. There is a small pavilion near the playground equipment to provide shade and picnic seating for all the families that utilize the play areas on a regular basis. The maximum occupancy for permits is 75.

## **King Memorial Park - 4030 Split Road, Camillus, NY 13031**

The athletic fields are heavily used by our adult softball leagues during the week in the summer, with WOYSA playing games on Saturdays, spring and fall. This 20-acre park has two softball fields, a beach volleyball court, two tennis courts, basketball court, two pickleball courts, grills, a pavilion, playground equipment and restrooms. There is a small pavilion near the playground equipment to provide shade and picnic seating for all the families that utilize the play areas on a regular basis. If you are a R.C. car enthusiast, check out our new course by the basketball courts! The maximum occupancy for permits is 100.

## **Howlett Hill Park - 5051 Youth Center Road, Camillus, NY 13031**

Adult softball games are held week nights in the summer, along with WOYSA holding soccer games on Saturdays in the fall. This 9-acre park has two softball fields, one tennis court, a basketball court, a pavilion, grills, playground equipment, and restrooms. The maximum occupancy for permits is 75.

## **Anthony J. Santaro Memorial Park - 4979 Velasko Road, Syracuse, NY 13215**

This 22-acre park is a major site for WOYSA, Blue Wave Lacrosse, and Westhill High School athletic teams. Playground pieces for children 2-5 years old, as well as a play piece for older children. The shade shelter, adjacent to the play areas, is for the use of all park participants, providing shade and picnic seating. It is not reserved for groups—only the upper pavilion is available by permit. Two large grills are adjacent to the large pavilion. The Park also has tennis courts, new pickleball courts, a tennis wall and a basketball court. Tikes 'n Bikes Santaro Town provides a safe, fenced in area for in-line skating, and children with big wheel type rider toys, tricycles and small bikes with training wheels. The maximum occupancy for permits is 150.

## **PARK SECURITY**

Our Town facilities are routinely patrolled by our staff and the Onondaga County Sheriff's Department. If you have an emergency, it is best to call 911. Vandalism in any park is expensive and senseless. Unfortunately, we have seen a rise in vandalism and a general disregard for the facilities including excessive trash, unsupervised children in restrooms, improper use of park property, etc. Any or all of these things leads to additional time and money spent on repairs or even the sudden cancelling of activities including park permits. We need your help to keep the Town of Onondaga Parks beautiful. You are urged to call 911 to report any suspicious activity. All reports are anonymous. Park ordinances are strictly enforced with appearance tickets.

## Start-Smart Soccer

Bringing parents and children, ages 3-4 together to work on a variety of soccer skills, this program prepares children for organized soccer in a FUN, non-threatening environment. It offers soccer exercises that become increasingly more difficult as the class progresses and children show improvement. Fee includes a soccer ball to keep (receive first day).

**MIN. 10 / MAX. 20**

- **Locations/Dates/Times:**

- King Park
- Saturdays, Sept. 10 – Oct. 22
  - *Exclusion dates: 10/8*
- 11:30 – 12:15 PM.

- **Fee:**

- \$45.00 Town of Onondaga residents
- \$55.00 All others
  - *Add \$10 to fee after 9/7/22*

## Hot Shots Youth Soccer

This Soccer Program is available for boys and girls ages 5-8. This is an instructional program where kids can learn the fundamentals of the game of soccer. They will play games at the end of each session. All participants should bring a water bottle, sweatshirt on cold days and shin guards. No cleats needed.

**MIN. 12 / MAX. 30**

- **Locations/Dates:**

- King Park – Saturdays
- Sept. 10 – Oct. 22
  - *Exclusion dates: 10/8*

- **Times:**

- Ages 7/8: 9:00 – 10:00 AM.
- Ages 5/6: 10:15 – 11:15 AM.

- **Fee:**

- \$55.00 Town of Onondaga residents
- \$65.00 All others
  - *Add \$10 to fee after 9/7/22*

## “Explore Archery” Youth Archery Clinics

Introductory Archery Clinic with expert instruction! Our USA Archery certified Instructor Trainer, Charlie Kline, teaches children how to safely handle a bow and arrow, and runs them through a series of drills and games to help them be successful Jr. Archers! All equipment is provided for this class! Participants should bring water and weather appropriate clothing.

**MIN. 6 / MAX. 10**

- **Location/Dates**

- Howlett Hill Park
  - Saturday, September 10
  - OR**
  - Saturday, September 17

- **AGE/TIME**

- Ages 10-15: 2:00 – 3:30 PM

- **Fee**

- \$45.00 Town of Onondaga residents
- \$55.00 All others
  - *Add \$10 fee 1 week before class date*

## YogaKids Class

Join Trista Phillipson, a certified Yogakids facilitator, in a learning adventure with Yoga as the pathway. Children ages 5-10 will experience creative arts, storytelling, music, earth care, reading and relaxation. They will learn skills while they grow strong and flexible on all levels. Mats and art supplies provided.

**MIN. 12 / MAX. 16**

- **Location/Times/Dates:**

- Onondaga Senior Center
- Thursdays, 6:00 – 7:30 PM
- Sept. 15 – Oct. 27

- **Fee:**

- \$75.00 Town of Onondaga residents
- \$85.00 All others
  - *Add \$10 after 9/8/22*

## Youth Kickboxing

Ding-Ding-Ding! It's another round of Youth Kickboxing and Pre-School-Punch with Instructor Sara of S.G.P. Fight Club! Kids get basic instruction in Kickboxing and plenty of exercise in this popular new program!

**Pre-School Punch: MIN. 6 / MAX. 10 - Youth Kickboxing: MIN. 8 / MAX. 14**

- **Locations/Dates:**

- Onondaga Sr. Center, upstairs room
- Tuesdays, Sept. 13 – Nov. 1

- **Ages/Times/Fees:**

- Ages 3-5 (Pre-School-Punch): 5:30 – 6:00 PM. - \$60: Town of Onondaga Residents / \$70: All others
- Ages 6-10: 6:00 – 6:45 PM. - \$70: Town of Onondaga Residents / \$80: All others
  - *Add \$10 to fee after 9/7/22*

## Start Smart Basketball

The Start Smart Basketball Program prepares children, ages 4 & 5, for organized basketball in a FUN, non-threatening environment by developing basic motor skills used in organized sports. There will be an informational meeting on the first day of the program. Fee includes a basketball for your child to keep. **Min. 8 / Max.20**

- **Location/Dates/Times:**

- Onondaga Hill Middle School Gym
- Saturday mornings
- 11:00 – 11:45 AM
- Nov. 5 – Dec. 17
  - *Exclusion date: 11/26*

- **Fee:**

- \$60.00 Town of Onondaga residents
- \$70.00 All others
  - *Add \$10 to fee after 10/29/22*



## Youth Basketball Scrimmages

Put your basketball skills to the test as we mix-and-match teams each week and play pick-up games for 8 weeks! Children who participated in the “Basketball Skillz ‘n’ Drillz”, along with anyone else who wants to play, can sign up for this program which helps apply what they learned in game-like scenarios to help further prepare them for organized basketball programs. All participants receive a T-shirt!

**MIN. 20/group - MAX.40/group**

- **Location/Dates**

- Onondaga Hill Middle School Gym
- Saturdays, Jan. 21 - Mar. 25
  - *Exclusion date: 2/18 & 2/25*

- **AGE/TIME**

- Ages 6-8: 8:30 – 9:30AM
- Ages 9-12: 9:45 – 10:45AM

- **Fee**

- \$55.00 Town of Onondaga residents
- \$65.00 All others
  - *Add \$10 fee after 1/14/23*

## Basketball Skillz ‘n’ Drillz

Looking for a non-competitive skill-building program for children ages 6-12? Our Youth Basketball focuses on proper dribbling, passing, shooting and learning to love basketball. Kids will go through a number of game-based drills each day to help them improve their basketball aptitude.

**MIN. 20/group - MAX.40/group**

- **Location/Dates**

- Onondaga Hill Middle School Gym
- Saturdays, Nov. 5 – Jan. 7
  - *Exclusion dates: 11/26, 12/24, 12/31*

- **AGE GROUP/TIME**

- Ages 6-8: 8:30 – 9:30AM
- Ages 9-12: 9:45 – 10:45AM

- **Fee**

- \$50.00 Town of Onondaga residents
- \$60.00 All others
  - *Add \$10 fee after 10/29/22*

## Gymnastics and Tumbling Program

This is an ongoing basic recreational tumbling class for girls’ and boys’ grades K-5 with no previous experience required! Taught by Chuck Parry’s Gymnastics, class includes expert instruction in Tumbling and Vaulting. A one-time fee is required upon registering with the Town, then, **a weekly fee of \$20.00 (payable monthly) will be paid directly to Parry’s Gymnastics.** For any questions call Parry’s Gymnastics at (315) 458-5365 or visit Parry’s Gymnastics online at:

[www.parrysgymnastics.com](http://www.parrysgymnastics.com)

- **Location/Dates/Times:**

- Split Rock Elementary School
- Tuesday’s, 3:15 – 4:00 PM
  - *Some exclusion dates apply. Full schedule available from the instructor.*

- **Registration Fee:**

- \$45.00 Town of Onondaga residents
- \$55.00 All others

**Love our  
programs???**  
**Stay up to date  
by following us  
on social!**



**Town of Onondaga  
Parks & Recreation**



**@toorecreation**



## Youth Dance Program

We know how much parents and children of past classes have enjoyed our dance programs of the past. COVID, and the departure of long-time staff members contributed to some struggling years of dance. However, we are still fully committed to, and in the process of re-establishing our youth dance program! We fully anticipate Dance classes being offered in the 2023 school year, after we complete our canvassing for new instructors so we can better serve our community with this long-standing program. Keep a look out on our website, social media pages, and your email inbox for updates on this and other programs!

## Youth Softball Skills Session

This program is for girls ages 10-12, looking to learn the proper fundamentals of softball, advance their skills, and prepare to play at a modified level. We will be covering batting, throwing, catching, fielding, base running, and game strategy. Sessions include drills and games designed to challenge players while having some fun along the way! Players should bring a glove, water bottle, weather appropriate clothing, and a bat if they have one!

**MIN. 8 / MAX.12**

- **Location/Dates**
  - King Memorial Park, Field #1
  - Tues. & Thurs., Oct. 4 - 20
- **AGE/TIME**
  - Girls, Ages 10 - 12: 5:00 – 6:00 PM
- **Fee**
  - \$35.00 Town of Onondaga residents
  - \$45.00 All others
    - Add \$10 fee after 9/27/22

## Intro to Youth Volleyball

Introducing our back-to-school youth volleyball program for ages 10-12. Whether just starting out, or looking to bump up existing skills, these instructional sessions are focused on the FUNdamentals of the sport. With an emphasis on teamwork, technique, and development. Players will learn the game of volleyball through a variety of engaging activities, drills and scrimmages. No equipment is needed, just some water, sneakers and energy to play! **MIN. 8 / MAX.12**

- **Location/Dates**
  - Kelley Brothers Park, Volleyball court
  - Tues. & Thurs., Sept. 13 – 29
- **AGE/TIME**
  - Ages 10 - 12: 5:00 – 6:00 PM
- **Fee**
  - \$35.00 Town of Onondaga residents
  - \$45.00 All others
    - Add \$10 fee after 9/11/22

## Fall Mini-Styx Lacrosse

Children ages 4-8 can join our instructional lacrosse program! Sessions will cover the basics of ball handling, passing, catching and stick work. Children learn introductory skills that are easy to understand, and help kids focus on FUNdamentals. We use soft practice balls, only require kids to bring sticks, and a mouthguard.

**MIN. 8 / MAX. 20 (per age group)**

- **Location/Dates:**
  - Santaro Park
  - Wednesdays, Sept 14 – Oct. 19
- **AGE/TIME:**
  - Ages 4-5: 5:00 – 5:45 PM
  - Ages 6-8: 6:00 – 6:45 PM
- **Fee**
  - \$45.00 Town of Onondaga residents
  - \$55.00 All others
    - Add \$10 fee after 9/11/22



## Men's Basketball @ OHMS

If you like exercise and some light competition, our Adult Basketball program is just what you're looking for. Pickup games from 7:00-9:00 PM at Onondaga Hill Middle School Gym, for men ages 18 and up.

**Bring one white and one black shirt each night.**

### Fall Pick-up session

- Thursdays, 9/29 – 12/22
  - Exclusion Dates: 11/24

### Winter/Spring Pick-up session

- Thursdays, 1/5 – 3/30
  - Exclusion Dates: 2/23

### Pre-registration per session

- \$36.00 Town of Onondaga residents
- \$46.00 All others

**\$5 drop-in fee for unregistered players.**  
**Max 20 players any given night**

## Pickleball

We're back inside at Wheeler for the winter! Drop in for \$5/person or grab a punch card for \$40! **PUNCH CARDS DON'T EXPIRE** and can be used at any of our PB programs. **Equipment is available to borrow!**

- **Location/Dates/Times:**
  - Wheeler Elementary School/Large Gymnasium
  - Saturdays, Nov. 5 – April 29
    - Exclusion dates:
      - See website for full exclusion dates
  - 2:00 PM – 4:00 PM
- **Fee:**
  - \$40.00/punch card (12 sessions)
    - **Cards do not expire**
  - \$5.00 per session (drop-in fee)

## Women's Volleyball

Join our growing group on Monday nights for some fun and light exercise with fellow female volleyball players ages 18+!

- Mondays, 7:00 – 9:00 PM @ Onondaga Hill Middle School.
- \$30 for Town of Onondaga Residents
- \$40 for All others.
  - Play begins September 12th

## Adult Explore Archery

Ever considered trying archery as hobby but didn't want to invest in the equipment just to TRY it? Well, here's your opportunity to learn the basics before you go out and drop a bunch of money! Our archery instructor, Charlie Kline, will walk you through the basics of archery and let you explore this awesome sport! It's never too late to learn something new!

**MIN. 6 / MAX. 10**

- **Location/Dates**
  - Howlett Hill Park
  - Saturday, Sept. 10 OR Sept. 17
    - Sept. 17 is a **WOMEN'S** Archery class
- **AGE/TIME**
  - Ages 16+: 4:00 – 5:30 PM
- **FEE**
  - \$45.00 Town of Onondaga residents
  - \$55.00 All others

## Archery: Bow Maintenance & Target Shoot

If you've taken any of our Archery courses, you may have purchased your own equipment, or be thinking about buying some soon! **But how do you take care of it?** Keeping your bows and arrows in tip-top shape helps ensure accurate shooting and maximum safety! This class teaches proper care of NON-COMPOUND bows (up to a 40lb draw weight) and arrows, as well as time on the range to practice your archery skills!

**MIN. 6 / MAX. 10**

- **Location/Dates**
  - Howlett Hill Park
  - Saturday, October 1
- **AGE/TIME**
  - Ages 16+: 2:00 – 4:00 PM
- **Fee**
  - \$45.00 Town of Onondaga residents
  - \$55.00 All others
    - Add \$10 fee after 9/24/22

## Open Archery Shoot!

*Saturday, Oct. 22*

If you've taken ANY of our archery classes in the past, come down and take a turn on the range! Charlie and other Instructors will be there to assist and ensure range safety. See all details and register on our website, [townofonondagarecreation.com](http://townofonondagarecreation.com)!



4834 Velasko Rd. Syracuse, NY 13215  
(315) 469-3464

*"There are no strangers here...  
only Friends we have not met"*

Any senior citizen 55 or older is welcome to participate at the Onondaga Senior Center in a wide variety of ongoing scheduled programs and activities throughout the week. We offer day trips, classes, special events, as well as health, fun and fitness activities.

Our bi-monthly newsletter, the *Senior Gazette*, featuring events and activities, is mailed out to all interested seniors. To receive a copy, please call the Senior Center to get on the mailing list. There is no charge to residents of the Town of Onondaga. There is a \$5 annual charge for those seniors not residing in the Town of Onondaga. The *Senior Gazette* is also available on our website [www.townofonondagarecreation.com](http://www.townofonondagarecreation.com)

Call the Onondaga Senior Center for appointments and additional information about the programs offered, and always check the monthly calendar to find out the exact date of the event you are interested in.

## HALLOWEEN PARTY



- **Thursday October 27**
- Dress in your best Halloween attire! Arrive by 11:15 AM for the costume contest and a chance to win a Prize! This will be a regular P.E.A.C.E. lunch - \$3.50. Call the lunch line to sign up.
- **Come and join the festivities!**

## "Let's Talk about Medicare Plans" with the Department of Aging

- **Tuesday October 4, 10:30 -11:30 AM**
- A representative from the Department of Aging will be at the Senior Center to give an overview regarding how to make the best choice and decide what health plan is best for you. She will share Information regarding medical bills, health insurance policies, Medicare prescription drug coverage, and explain why it's important to review your plan at this time. Medicare Open Enrollment begins October 15 and this is the time you can switch health plans.



## Nutrition Counseling

- From the Department of Aging is available for you in the privacy of your own home or at the Senior Center. Call 315.435.2362 for an appointment

## SENIOR LUNCH PROGRAM

- Enjoy a hot lunch every Monday thru Thursday at Noon from P.E.A.C.E., Inc. Lunch reservations must be made one day in advance, and by 12:30 PM Thursday for the following Monday. \$3.50 for any senior 60+, \$7 for anyone under 60. Call the lunch line at 315.469.3259 for reservations. Drop by and pick up a monthly lunch menu at the Senior Center.
- Catered Luncheons with live entertainment are held throughout the year on most first Thursdays of each month. We have nice meals and entertainment for a great price! Payment is due upon sign-up in the front office. Luncheons are \$5 and supplemented by the Friends of the Onondaga Seniors.

### FREE LUNCH FOR VETERANS

- **Thursday November 10**
- Veterans, you are invited to be our guest for a FREE P.E.A.C.E. lunch in honor of your military service (all non-veterans \$3.50). Your lunch is paid for by the Friends of the Onondaga Seniors. Call the lunch line for your reservation.

## **ONGOING AT THE SENIOR CENTER**

*The following activities are available to all Seniors.*

**CARDS FOR FUN** - Mondays and Wednesdays 1-3 PM. Bring your group and play cards here at the Center.

**BOOK CLUB** - Monday's at 12:30 PM. A new book is read each month with a discussion about the chapters you've read each week.

**DOMINOES** - Played Mondays from 1-3 PM.

**KNIT & CROCHET** - Our instructor will help you with your projects or teach you new skills. Call the Center and leave your name and # to schedule a time to meet.

**LIBRARY** - Our library located on shelves in the front entrance of the Senior Center has many paperback books for anyone to take. We welcome donations to add to our collection. (No hard cover books). Come in and browse our collection.

**MAH JONGG** - An experienced group meets Wednesdays 1-3 PM. Come in and start a table with your group!

**POOL (Billiards)** - Play pool on our regulation size table any time of day.

**Wii: BOWLING** - Folks play each Wednesday morning at 10AM for some fun competition.

**'BUSY HANDS' QUILTING/NEEDLEWORK GROUP** - Meet Mondays from 10 - 12 Noon. We have a lively, caring, sharing group that donate their time and creations to charity. If you have any fabric donations for them, bring it to the Senior Center on Monday morning when they meet.

**WALKING PROGRAM** - 10 - 11 AM Tuesdays and Thursdays at St. Michael's Parish Center, behind the rectory. Walking at the Center now goes all year long! Thank you to St. Michael's Parish for opening up their Center for our group. Stop by the Senior Center and fill out a Medical & Emergency Information Form if you are interested joining in.

**BINGO** - Thursdays @ 1 PM (Please arrive by 12:45 PM) September 1, 22; and October 13. Check our calendar for other dates added throughout the year.

\$1 for first card; \$.50 for each additional card.

### **HEALTH INSURANCE INFORMATION COUNSELING AND ASSISTANCE PROGRAM (HIICAP)**

Counseling includes medical bills, health insurance policies and Medicare prescription drug coverage. Call the Department of Aging directly, 315.435.2362. They will work with you over the phone to help you decide what Health Insurance Coverage is right for you.

### **SENIOR ASSISTANCE SERVICES**

An Adult Care Manager will advocate for you for the sudden life changes or uncertainty you are having dealing with basic living expenses, accidents, or a change in physical ability/rehab. They will navigate you through the system to find the help you need regarding: Food Stamps; HEAP Energy Assistance; Veterans Benefits; Meals On Wheels; Housing Subsidies; Home Repairs and Weatherization; Caregivers; Tax Assistance; Food Pantries; Social Day Programs. Call and leave your name and number. We will have the counselor contact you to schedule an appointment to meet at the Senior Center.



## ART INSTRUCTION

*Instructor: Thomas Hussey*

### ADVANCED ART

**Tuesdays, 9:00 – 12:00 PM**

**Sept. 27 – Dec. 13 (12-week session)**

- \$72 – Town of Onondaga Residents
- \$82 – All Others
  - After September 20 add \$10

### BEGINNER ART (Oil Painting)

**Tuesdays, 12:30 - 2:30 PM**

**Sept. 27 – Dec. 13 (12-week session)**

- \$90 – Town of Onondaga Residents
- \$100 – All Others
  - After September 20 add \$10

*Contact Tom at [whussey@gmail.com](mailto:whussey@gmail.com) or*

*315.730.4063 for information regarding supplies for class.*



## TAI CHI / CHI KUNG

*Instructor: David Dolbear*

### CHI KUNG

**Mondays 1:00 – 2:00 PM**

**Oct. 24 – Jan. 30 (12-week session)**

- A Chinese Exercise meaning Therapeutic Breathing Exercise for Health, involving simpler movements and breathing to reduce stress and promote pliability, improved pulmonary and cardiovascular function. Chi Kung can be done sitting in a chair or standing. This is a beginner class for anyone prior to joining Tai Chi.
  - \$72 – Town of Onondaga Residents
  - \$82 – All Others
    - After October 17 add \$10

### TAI CHI

**Mondays 2 - 3 PM**

**Dec. 5 – Mar. 20 (12-week session)**

- Characterized by soft, slow and continuous movement. Physically it promotes pliability, improved cardiovascular and pulmonary function, improved posture and increased strength, especially in the legs. Psychologically, it promotes concentration, relaxation, self-confidence and overall improvement in the function of the central nervous system.
  - \$72 – Town of Onondaga Residents
  - \$82 – All Others
    - After November 28 add \$10

## CHAIR YOGA

*Instructor: Evelyn Dumanian*

**Thursdays 9 - 10:00 AM**

**Sept. 8 – Dec. 1 (12-week session)**

- This class offers gentle support yoga practice. Learning simple chair yoga postures benefits all those who sit in a chair for work, or those who have physical limitations that require more support. The benefits are many, but focus on strength, flexibility, and balance
- \$36 – Town of Onondaga Residents
- \$46 – All Others



## EXERCISE: FIT AFTER FIFTY

*Instructor: Diane Zarzecki*

**Tuesdays 10 - 11:00 AM**

**Sept. 13 – Nov. 29 (12-week session)**

- Great instructor/Good workout routine.
- \$36 – Town of Onondaga Residents
- \$46 – All Others
  - After September 6 add \$10

## DONATIONS: We Collect

**\*\*ALUMINIUM PULL TABS** from food and soda cans to be donated to the Shriners Hospitals for Children. **\*\*BYRNE DAIRY RECEIPTS** to receive free half gallons of ice cream for our Senior events! **\*\* YARN** for knit and crocheted items made as charitable projects, and shared with the Seniors. **\*\* Canned & non-perishable items** are appreciated for a local Food Pantry.



## **STRENGTH AND STRETCH**

*Instructor: Marie Thornton*

**Mondays 6:15 PM**

**Sept. 12 – Dec. 5 (12-week Session)**

- This class will be split into sections of strength for arms, legs and abs. Use light weights, no heavier weights. Work up to heavier weights if you don't have experience strength training. There will be a flexibility section and a meditation cooldown. Muscle mass for women is very important, especially after the age of 30, as your muscle starts to deteriorate. This can lead to a loss of stability and weight gain as you get older. Strength training is very important to build muscle mass and counteract this loss after 30. This class is for all levels. We can modify for a beginner and make it more advanced for those who want that. Bring a mat. Lets do this together!
- \$48 – Town of Onondaga Residents
- \$58 – All Others



## **MAH JONGG LESSONS**

**Wednesdays 10 AM – 12 Noon**

**Sept. 13, 20, 27 & Oct. 4**

- Mah Jongg is a game for four players that originated in China. Mah Jongg involves skill, strategy, and calculation as well as a certain degree of chance. Depending on the variation which is played, luck can be anything from a minor to a dominant factor in success. It's a fun game where your aim is to match your tiles with one of the 'hands' on the Mah Jongg League Cards. **FEE: \$8.00**

## **MEDITATIVE MOVEMENT**

*Instructor: Marie Thornton*

**Mondays 9:00 - 10:00 AM**

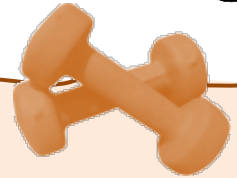
**Sept. 12 – Dec. 5 (12 week session)**

- Join us for a class that is a fusion of flow movements with a focus on, stretching, strengthening and breathing, with an ending meditation used for the purposes of health, wellness and harmony. We do get on the floor towards the second half of class. Any moves that are not for you can be modified. Bring a yoga mat.
- \$48 – Town of Onondaga Residents
- \$58 – All Others

## **EXERCISE – WITH LIGHT WEIGHTS**

**Fridays, 10 - 10:50 AM**

- A great video instructor doing beneficial stretching and light weight routines. It's a good challenge. Do as much as you can standing or sitting. Any and all exercise is good for you!



## **LEFT CENTER RIGHT (LCR)**

**Tuesday @ 12:50 PM (after lunch).**

**Sept. 13 & 27; Oct. 11 & 25**

- It's a dice game of chance! Bring 6 quarters to play. You could win the pot! If you are not having lunch at the Center, please arrive by 12:45 PM to form tables. No experience necessary! It's an easy game to play!! Check the calendar for the next play dates.

## **BEGINNER SENIOR TAP**

*Instructor: Denise Gehm*

**Wednesdays 10:30 - 11:30 AM**

**Sept. 7 – Oct. 26 (8-week session)**

- \$36 – Town of Onondaga Residents
- \$46 – All Others

## **DAY TRIPS**

- Look for Day trip announcements posted at the Senior Center and published in the *Senior Gazette*. For reservations, sign up at the Senior Center or send a check to the Center for payment. Include with check: name of person(s) taking the trip, phone #, date of trip, your pick-up point & menu choice (if any). Make check payable to Onondaga Seniors. Your payment includes bus transportation and all fees for the day, along with gratuities to restaurants and bus driver. Bus pick-ups are at two locations: Nedrow Fire Department and the Onondaga Senior Center back parking lot. Our Fall trip will be to Watkins Glen for a Captain Bill Seneca Lake Cruise.



## **Town of Onondaga Historical Society Report**

The Town of Onondaga Historical Society has expanded its' collection into the Town Hall Front Lobby. We will be changing our lobby cabinet exhibit on a regular basis to highlight our collection of artifacts representing many aspects of our town's history. This presents the opportunity to enlighten more visitors to the rich and varied history of the Town of Onondaga.

## **Attention: Family researchers:**

The Town of Onondaga 1855 NYS Census has been completely indexed. This represents a unique opportunity to discover any ancestors living in our town 167 years ago and this census, as of now and for unknown reasons, is not available on the Ancestry or Family Search sites. The census is divided into 3 Election Districts; No. 1 covers what was then Onondaga Castle (Nedrow today), Sentinel Heights, Onondaga Valley before it became part of Syracuse, and the part of Syracuse known as Brighton and Danforth before joining the city, No. 2 covers the village of Onondaga Hill, Loomis Hill, Howlett Hill and Split Rock areas, and No. 3 covers South Onondaga, Navarino, Cedarvale and the rural areas outside of Onondaga Hill. If you would like a copy of a particular election district index, please email [tohsociety@yahoo.com](mailto:tohsociety@yahoo.com) and state the Election District Index you are interested in receiving.



*"Artifacts belonging to Town of Onondaga past and present residents from WWI, WWII and the Korean War on display"*

## Town of Onondaga Historical Society (TOHS)

### *President's Report*

Although the spectrum of educational activities and practices of TOHS has been attenuated by the COVID pandemic in the last 2.5 years, the society itself remains strong and vibrant. Thankfully, our membership base has remained stable, and our Officers and Board of Trustees continue to conduct business electronically. Select individuals have continued to work, alone or in small groups on projects related to our new strategic plan. Fortunately, we finished our strategic plan, coordinated by Peter Wiezalis, just before the pandemic interrupted our personal and professional lives.

One of the major recommendations of the strategic plan was a transition to more computer-mediated learning. The pandemic has taught all of us that personal computers can and will become the bridges to self-directed learning among children and adults, so they will become an important part of our future.

Another timely occurrence, complementary of our strategic plan, was the redesign and development of all computer -related technology in the Town Hall. We have been invited by the Town Fathers and Mothers to partner our fiscal resources with those of our town. The result being a much larger and stronger system capable of doing the kind of activities and programs deemed valuable by our patrons. So COVID has had some positive effects on our Society and town government.

We have struggled to open our museum in the Town Hall on Ball Road, mixed results. Most currently we are following a three-day schedule, Tuesday to Thursday, 1:00PM -3:00PM. These open days are dependent on the availability of volunteer docents. Call the museum for special appoints with staff members or hours of operation.

All our museum volunteers are members of TOHS. We always have work undone, so we always welcome new members and new project volunteers. (Digitizing 180 years of County Poor House records are just one of our many challenges.) If you are not a member of our not-for-profit corporation, please consider joining AND becoming a project volunteer. Formal orientation of volunteer docents is available upon request. As you might anticipate, moving from a paper and pencil organization to computer- mediated systems, we shall have much conversion work to do. Please consider volunteering a few hours a month to help us digitize our collection of documents, photographs, texts, and other ephemera.

If any of you have experience with computer -mediated genealogical research, please consider volunteering for this area. Our Town Historian, Natalie Dardaris -Williams, is the only person assisting the public with genealogy at this point. I promise that we shall respect your personal and professional schedules relative to volunteer projects.

*Carl P. Wiezalis*  
*President*






## BE A H.E.R.O.

Every youth deserves the opportunity to enjoy the benefits of recreation programs. Donate today and you can be the reason a child is able to participate! See more information inside.

 315-469-3464

 4834 Velasko Road, Syracuse, NY 13215

 [townofonondagarecreation.com](http://townofonondagarecreation.com)

 [recreation@townofonondaga.gov](mailto:recreation@townofonondaga.gov)

 [toorecreation](https://www.instagram.com/toorecreation)

 [Town of Onondaga Parks & Recreation](https://www.facebook.com/TownofOnondagaParks&Recreation)