


JANUARY 2022 LUNCH MENU

PEACE, INC. SENIOR NUTRITION PROGRAM

MONDAY	WEDNESDAY	THURSDAY
 <p>SENIOR CENTER CLOSED</p> <p>3</p>	<p>5</p> <p>BONELESS CHICKEN CACCIATORE SERVED OVER WHOLE GRAIN PENNE RIGATE PASTA FRESH SPINACH SALAD LEMON ITALIAN ICE CRUSTY ITALIAN BREAD</p>	<p>6</p> <p>CLASSIC PHILLY STYLE CHEESE STEAK SANDWICH W/ PEPPERS AND ONIONS SEASONED POTATO WEDGES STEAMED BRUSSEL SPROUTS FRESH BAKED PEANUT BUTTER COOKIE</p>
<p>10</p> <p>ROASTED CHICKEN W/ GARLIC HERB GRAVY APPLE AND CELERY STUFFING BUTTERY PEAS AND PEARL ONIONS APRICOT HALVES</p>	<p>12</p> <p>SIRLOIN BEEF STEW WITH HEARTY MIXED VEGETABLES CHUCKWAGON CORN OVER BISCUIT TAPIOCA PUDDING</p>	<p>13</p> <p>SALT CITY FRIED CHICKEN BLACK BEANS AND RICE COUNTRY BLEND VEGETABLES JUICY DICED PEARS</p>
<p>17</p> <p>SENIOR CENTER CLOSED</p> <p>MARTIN LUTHER KING, JR. DAY</p>	<p>19</p> <p>GLAZED HAM SWEET POTATOES W/ CINNAMON PECAN CRUNCH SPINACH FRESH SLICED HONEYDEW</p>	<p>20</p> <p>HOME-MADE OLD FASHIONED MEATLOAF W/ MUSHROOM GRAVY GARLIC RED SKIN SMASHED POTATOES STEAMED BROCCOLI FLORETS FRUIT COCKTAIL CUP</p>
<p>24</p> <p>CHICKEN ALA KING OVER BISCUIT STEAMED ASPARAGUS STRAWBERRY ICE CREAM</p>	<p>26</p> <p>BEEF CHILI CON CARNE ROMAINE AND MANDARIN ORANGE SALAD FRUIT COCKTAIL HONEY CORN BREAD MUFFIN</p>	<p>27</p> <p>CRANBERRY WALNUT CHICKEN SALAD SERVED ON A CROISSANT CHUNKY TOMATO FLORENTINE SOUP PINEAPPLE TIDBITS</p>
<p>31</p> <p>MEAT LASAGNA W/ MARINARA SAUCE CITRUS TOSSED SALAD W/POPPY SEED DRESSING HONEYDEW MELON CRUSTY ITALIAN BREAD</p>		

RESERVATIONS: CALL THE LUNCH LINE @315-469-3259 LUNCH IS SERVED AT NOON 60+ SENIORS... \$3.50 GUESTS UNDER 60... \$7.00

LUNCH RESERVATIONS SHOULD BE IN BY 12:30 PM THURSDAY FOR THE FOLLOWING WEEK.