



JANUARY 2022

Town of Onondaga

Senior Calendar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 SENIOR CENTER CLOSED 	4 9-12Noon Advanced Art 10-11AM Walking at St. Michaels 10-11AM Fit After Fifty 12:30-2:30PM Beginner Art 12:50PM LCR Game	5 9:15-10:15AM Zumba Gold 10AM Wii Bowling 10:30-11:30AM Beginner Tap 1PM Cards for fun & Mah Jongg	6 10-11AM Walking at St. Michaels	7 10-10:45AM Light Weight Exercise
10 9-12Noon 'Busy Hands' 10:30-12Noon Senior Tap 12:45PM Book Club 1PM Cards for fun & Dominoes 2-3PM Tai Chi 6:30-7:30PM Meditative Movement	11 9-12Noon Advanced Art 10-11AM Walking at St. Michaels 10-11AM Fit After Fifty 12:30-2:30PM Beginner Art	12 9:15-10:15AM Zumba Gold 10AM Wii Bowling 10:30-11:30AM Beginner Tap 1PM Cards for fun & Mah Jongg	13 10-11AM Walking at St. Michaels 1PM Bingo	14 10-10:45AM Light Weight Exercise
17 SENIOR CENTER CLOSED Martin Luther King, Jr. Day	18 9-12Noon Advanced Art 10-11AM Walking at St. Michaels 10-11AM Fit After Fifty 12:30-2:30PM Beginner Art 12:50PM LCR Game	19 9:15-10:15AM Zumba Gold 10AM Wii Bowling 10:30-11:30AM Beginner Tap 1PM Cards for fun & Mah Jongg	20 10-11AM Walking at St. Michaels	21 10-10:45AM Light Weight Exercise
24 9-12Noon 'Busy Hands' 10:30-12Noon Senior Tap 12:45PM Book Club 1PM Cards for fun & Dominoes 2-3PM Tai Chi 6:30-7:30PM Meditative Movement	25 9-12Noon Advanced Art 10-11AM Walking at St. Michaels 10-11AM Fit After Fifty 12:30-2:30PM Beginner Art 12:50PM Trivia	26 9:15-10:15AM Zumba Gold 10AM Wii Bowling 10:30-11:30AM Beginner Tap 1PM Cards for fun & Mah Jongg	27 10-11AM Walking at St. Michaels 1PM Bingo	28 10-10:45AM Light Weight Exercise
31 9-12Noon 'Busy Hands' 10:30-12Noon Senior Tap 12:45PM Book Club 1PM Cards for fun & Dominoes 2-3PM Tai Chi 6:30-7:30PM Meditative Movement				

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