




# DECEMBER 2021

## Town of Onondaga

## Senior Calendar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<b>1</b> 9:15-10:15AM Zumba Gold 10-12Noon Wii Bowling 10:30-11:30AM Beginner Tap 1PM Cards for Fun & Mah Jongg	<b>2</b> 10-11AM Walking at St. Michaels 10-11AM Chair Yoga 12Noon Christmas Party with Vinny Cupo entertaining	<b>3</b> 10-10:45AM Light Weight Exercise
<b>6</b> 9-12Noon 'Busy Hands' 10:30-12Noon Senior Tap 12:45 Book Club 1PM Cards for Fun Bridge & Dominoes 2-3PM Tai Chi 6:30-7:30PM Meditative Movement	<b>7</b> 9-12Noon Advanced Art 10-11AM Walking at St Michaels 10-11AM Fit After Fifty Exercise 12:30-2:30PM Beginner Art 1PM Easy Trivia	<b>8</b> 9:15-10:15AM Zumba Gold 10-12Noon Wii Bowling 10:30-11:30AM Beginner Tap 1PM Cards for Fun & Mah Jongg	<b>9</b> 10-11AM Walking at St. Michaels 10-11AM Chair Yoga	<b>10</b> 10-10:45AM Light Weight Exercise
<b>13</b> 9-12Noon 'Busy Hands' 10:30-12Noon Senior Tap 12:45 Book Club 1PM Cards for Fun Bridge & Dominoes 2-3PM Tai Chi 6:30-7:30PM Meditative Movement	<b>14</b> 9-12Noon Advanced Art 10-11AM Walking at St Michaels 10-11AM Fit After Fifty Exercise 12:30-2:30PM Beginner Art 12:50PM Left Center Right	<b>15</b> 9:15-10:15AM Zumba Gold 10-12Noon Wii Bowling 10:30-11:30AM Beginner Tap 1PM Cards for Fun & Mah Jongg	<b>16</b> 10-11AM Walking at St. Michaels 10-11AM Chair Yoga 12Noon Feasting with Father Christmas	<b>17</b> 10-10:45AM Light Weight Exercise
<b>20</b> 9-12Noon 'Busy Hands' 10:30-12Noon Senior Tap 12:45 Book Club 1PM Cards for Fun Bridge & Dominoes 2-3PM Tai Chi 6:30-7:30PM Meditative Movement	<b>21</b> 9-12Noon Advanced Art 10-11AM Walking at St Michaels 10-11AM Fit After Fifty Exercise 12:30-2:30PM Beginner Art	<b>22</b> 9:15-10:15AM Zumba Gold 10-12Noon Wii Bowling 10:30-11:30AM Beginner Tap 1PM Cards for Fun & Mah Jongg	<b>23</b> SENIOR CENTER CLOSED 	<b>24</b> SENIOR CENTER CLOSED 
<b>27</b> 9-12Noon 'Busy Hands' 12:45 Book Club 1PM Cards for Fun Bridge & Dominoes 2-3PM Tai Chi 6:30-7:30PM Meditative Movement	<b>28</b> 9-12Noon Advanced Art 10-11AM Walking at St Michaels 10-11AM Fit After Fifty Exercise 12:30-2:30PM Beginner Art 12:50PM Left Center Right	<b>29</b> 9:15-10:15AM Zumba Gold 10-12Noon Wii Bowling 10:30-11:30AM Beginner Tap 1PM Cards for Fun & Mah Jongg	<b>30</b> 10-11AM Walking at St. Michaels 1PM Bingo	<b>31</b> 10-10:45AM Light Weight Exercise

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