

**JUNE 2021**

<b>PEACE SENIOR NUTRITION ' GRAB AND GO' LUNCH PROGRAM</b>			
<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>
	<b>1</b>	<b>2</b>	<b>3</b>
	Roast Pork / Gravy Mashed Potatoes Pea's / Pearl Onions Wheat Bread Fresh Cantaloupe		Meat Lasagna Broccoli Italian Bread Cookie
<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
Beef Pot Roast with Gravy Mashed Potatoes Green Beans Wheat Bread Fruit Cocktail	Bacon Tomato Chicken Salad Chef Salad Vinaigrette Dressing Bun Cookie		Baked Ham Scalloped Potatoes California Blend Wheat Bread Tropical Fruit Salad
<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>
Italian Chicken /Herb Sauce Stuffing Sliced Carrots Wheat Bread Diced Pears	Baked Ziti Italian Sausage Italian Blend Vegetables Italian Bread Fruit Cocktail		Roast Turkey / Gravy Stuffing Country Blend Wheat Bread Diced Peaches
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>
Meatloaf with Glaze Seasoned Potatoes 4 Way Mixed Vegetables Wheat Bread Diced Peaches	Tuna Salad on Wheat Kaiser Roll Vegetable Pasta Salad Whole Wheat Bun Cookie		Southwestern Style Grilled Chicken Chuckwagon Corn Baked Beans Fresh Watermelon Wheat Bread
<b>28</b>	<b>29</b>	<b>30</b>	
Chicken Riggies Cut Asparagus Wheat Bread Pineapple Tidbits	Chopped Steak with Gravy Mashed Potatoes Sliced Carrots Wheat Bread Diced Pears		

Call the Lunch Line 315.469.3259 by Wednesday for the following week lunch requests.

The meal is \$3.50 for Seniors 60+. We are not allowed to make change. If you prefer, write a check payable to P.E.A.C.E., Inc.