

APRIL 2021

PEACE SENIOR NUTRITION ' GRAB AND GO' LUNCH PROGRAM			
MONDAY	TUESDAY	WEDNESDAY	THURSDAY
			1
			Meat Lasagna, Broccoli, Italian Bread, Cookie
5	6	7	8
Beef Stroganoff Egg Noodles Green Beans Wheat Bread Applesauce	Bacon Tomato Chicken Salad Chef Salad Vinaigrette Dressing Bun Cookie		Baked Ham Scalloped Potatoes California Blend Wheat Bread Tropical Fruit Salad
12	13	14	15
Southwestern Style Chicken, Chuckwagon Corn Baked Beans Fresh Watermelon Wheat Bread	Baked Ziti Italian Sausage Italian Blend Vegetables Italian Bread Fruit Cocktail		Roast Turkey/Gravy Stuffing Country Blend Veggies Wheat Bread Diced Peaches
19	20	21	22
Sweet and Sour Chicken, Rice Oriental Vegetables Wheat Bread Fresh Orange	Romaine Salad & Chicken Caesar Dressing Dinner Roll Cookie		Spanish Rice Casserole Broccoli Florets Dinner Roll Cookie
26	27	28	29
Chopped Steak with Gravy Mashed Potatoes Sliced carrots Wheat Bread Diced Pears	Meatball Marinara Pasta Italian Green Beans Italian Bread Pineapple Tidbits		Golden Chicken Quarter Red Skin Potatoes Capri Blend Vegetables Wheat Bread Fresh Orange

Call the Lunch Line 315.469.3259 by Wednesday for the following week lunch requests.

The meal is \$3.50 for Seniors 60+. We are not allowed to make change. If you prefer, write a check payable to P.E.A.C.E., Inc.