

**FEBRUARY 2021****PEACE SENIOR NUTRITION ' GRAB AND GO' LUNCH PROGRAM**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
1 Meatball Marinara Pasta Italian Green Beans Italian Bread Pineapple Tidbits	2 Roast Pork/Gravy Mashed Potatoes Peas/Pearl Onions Wheat Bread Cantaloupe	3	4 Golden Chicken Quarter Red Skin Potatoes Broccoli Wheat Bread Cookie
8 Spanish Rice Casserole Broccoli Florets Dinner Roll Cookie	9 Beef Stoganoff Egg Noodles Green Beans Wheat Bread Applesauce	10	11 Chopped Steak with Gravy Mashed Potatoes Sliced Carrots Wheat Bread Fresh Orange
15  PRESIDENTS DAY  NO LUNCH TODAY	16 Baked Ziti Italian Sausage Italian Blend Vegetables Italian Bread Fruit Cocktail	17	18 Roast Turkey/Gravy Stuffing Country Blend Veggies Wheat Bread Diced Peaches
22 Beef Pot Roast/Gravy Mashed Potatoes Green Beans Wheat Bread Diced Pears	23 Romaine Salad with Grilled Chicken Caesar Dressing Dinner Roll Diced Peaches	24	25 Chicken Riggies Cut Asparagus Wheat Bread Pudding

Call the Lunch Line 315.469.3259 by Wednesday for the following week lunch requests.

The meal is \$3.50 for Seniors 60+. We are not allowed to make change. If you prefer, write a check payable to P.E.A.C.E., Inc.