

JUNE 2024

Town of Onondaga

Senior Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
3 10-12Noon 'Busy Hands' 10:30-11:30AM Senior Tap 12:30PM Book Club 1PM Cards for fun/Dominoes 1-2PM Chi Kung 2-3PM Tai Chi 6:15 PM Strength & Stretch	4 9-12Noon Advanced Art 10-10:50AM Light Weight Exercise 10-11AM Walking at St. Michael's & Brookdale Summerfield 12:30-2:30PM Beginner Art 12:50PM – LCR Game	5 9:15-10:15AM Zumba Gold 10AM Wii Bowling 11-12PM Beg/Inter Tap 1PM Cards for fun & Mah Jongg	6 10-11AM Walking at St. Michael's 12Noon BINGO BASH PARTY! <i>Hor D'oeuvres - \$5 sign up in office</i>  6:15 PM Strength & Stretch	7 10-10:50AM Light Weight Exercise
10 10-12Noon 'Busy Hands' 10:30-11:30AM Senior Tap 12:30PM Book Club 1PM Cards for fun/Dominoes 1-2PM Chi Kung 2-3PM Tai Chi 6:15 PM Strength & Stretch	11 9-12Noon Advanced Art 10-10:50AM Light Weight Exercise 10-11AM Walking at St. Michael's & Brookdale Summerfield 12:30-2:30PM Beginner Art 12:50PM Pass the Ace Card Game	12 9:15-10:15AM Zumba Gold 10AM Wii Bowling 11-12PM Beg/Inter Tap 1PM Cards for fun & Mah Jongg	13 10-11AM Walking at St. Michael's 6:15 PM Strength & Stretch	14 JERSEY BOYS TRIP
17 10-12Noon 'Busy Hands' 10:30-11:30AM Senior Tap 12:30PM Book Club 1PM Cards for fun/Dominoes 1-2PM Chi Kung 2-3PM Tai Chi 6:15 PM Strength & Stretch	18 9-12Noon Advanced Art 10-10:50AM Light Weight Exercise 10-11AM Walking at St. Michael's & Brookdale Summerfield 12:30-2:30PM Beginner Art 12:50PM – LCR Game	19 9:15-10:15AM Zumba Gold 10AM Wii Bowling 11-12PM Beg/Inter Tap 1PM Cards for fun & Mah Jongg 1PM Neighborhood Advisor <i>*Appt. Req.*</i>	20 10-11AM Walking at St. Michael's 1PM Bingo  6:15 PM Strength & Stretch	21 10-10:50AM Light Weight Exercise
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