## **APRIL 2024 LUNCH MENU**

PEACE, INC. SENIOR NUTRITION PROGRAM

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
1 MEATBALL SUB ON A WHOLE WHEAT SUB ROLL ROASTED BROCCOLI FLORETS DICED MANGO	2 BARBEQUE GRILLED CHICKEN BREAST BAKED BEANS CAPRI BLEND VEGETABLE MANDARIN ORANGES	3 JULIENNE SALAD WITH HAM, TURKEY, SWISS CHEESE, TOMATOES, CUCUMBERS, HARD BOILED EGG, AND OLIVES CRUSTY ITALIAN BREAD FRESH PEAR	4 CATERED LUNCHEON SPAGHETTI, MEATBALLS, & ANTIPASTO ENTERTAINMENT BY CLEAR <u>SIGN UP IN OFFICE - \$5</u>
8 TROPICAL FRUIT GLAZED HAM YUKON GOLD POTATOES WITH SLICED ONIONS OREGON BLEND VEGETABLES FRESH CANTALOUPE FRESH BAKED WHOLE WHEAT ROLL	9 BEEF AND BEAN TACO SALAD WITH LETTUCE, TOMATOES, BLACK OLIVES, TOPPED WITH SOUR CREAM AND TORTILLA CHIPS PINEAPPLE TIDBITS	10 GRILLED MARINATED CHICKEN BREAST SANDWICH ON A WHOLE WHEAT KAISER SHREDDED LETTUCE, TOMATOES AND RANCH DRESSING SPRING VEGETABLE SOUP FRUIT AND YOGURT PARFAIT	11 MEAT LASAGNA MARINARA SAUCE CITRUS TOSSED SALAD WITH POPPY SEED DRESSING CANTALOUPE CRUSTY ITALIAN BREAD
15 GRILLED CHICKEN AND FIELD GREEN SALAD CLASSIC MINESTRONE SOUP RAINBOW SHERBET	16 HAM SERVED ON WHOLE WHEAT KAISER TOPPED WITH SPINACH, AND PINEAPPLE MAYO GREEK VEGETABLE AND PASTA SALAD FRESH ORANGE	17 MEAT SAUCE MARINARA OVER BOWTIE PASTA ROMAINE SALAD WITH MANDARIN ORANGES SERVED WITH POPPYSEED DRESSING FRESH BAKED LEMON COOKIE	18 PESTO CHICKEN BOW TIE PASTA FIELD GREENS SALAD WITH VINAIGRETTE PEACH COBBLER
22 SLICED ROAST BEEF AND CHEDDAR ON A WHOLE WHEAT KAISER TOMATO CUCUMBER SALAD WITH TORTELLINI APPLE	23 GLAZED HOME-STYLE MEATLOAF O'BRIEN SCALLOPED POTATOES CAPRI BLEND VEGETABLES MANDARIN ORANGES FRESH BAKED DINNER ROLL	24 GOLD SAUCE GLAZED CHICKEN QUARTER CREAMER POTATOES SUMMER SQUASH & RED BELL PEPPERS STRAWBERRY ICE CREAM	25 POLYNESIAN PORK WITH SEASONED BROWN RICE PEAS WITH SAUTÉED MUSHROOMS FRESH BAKED COOKIE
29 GIANELLI SWEET ITALIAN SAUSAGE SANDWICH WITH PEPPERS AND ONIONS ITALIAN BLENDED VEGETABLES MANDARIN ORANGES	30 BREADED CHICKEN BREAST FILET SERVED ON A WHOLE WHEAT BUN TOPPED WITH SLICED TOMATOES AND LETTUCE HOME-STYLE POTATO SALAD 4 WAY MIXED VEGETABLES FRESH MELON		

RESERVATIONS: CALL THE LUNCH LINE @315-469-3259 LUNCH IS SERVED AT NOON 60+ SENIORS... \$3.50 GUESTS UNDER 60... \$7.00 LUNCH RESERVATIONS SHOULD BE IN BY 12:30 PM THE DAY BEFORE OR BY THURSDAY 12:30PM FOR THE FOLLOWING WEEK. If you have a food allergy, please notify us.