JANUARY 2020 LUNCH MENU

PEACE, INC. SENIOR NUTRITION PROGRAM

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
		1	2
		AGENCY CLOSED	Swedish Style Meatballs
		(*) Happy*)	over Parslied Noodles
		(*//lew /lear*)	California Blend Vegetables
			Fresh Orange
6	7	8	9
Oven Roasted Turkey	SLOPPY JOE ON A KAISER ROLL	SWEET AND SOUR SHREDDED PORK	Boneless Chicken Cacciatore
Sage Gravy	New Potatoes	SERVED OVER SESAME RICE	Served over
Home Style Mashed Potatoes	Oven Roasted Brussel Sprouts	Oriental Blended Vegetables	Whole Grain Penne Rigate Pasta
GLAZED BABY CARROTS	Juicy Diced Peaches	Tropical Fruit	Fresh Spinach Salad
Juicy Diced Pears			Lemon Italian Ice
FRESH BAKED WHOLE WHEAT ROLL			Crust Italian Bread
13	14	15	16
ALL AMERICAN CHEESE BURGER	South Western Style	GLAZED HAM	Home Made Old Fashioned
SEASONED POTATO WEDGES	GRILLED CHICKEN	SWEET POTATOES WITH	Meatloaf w/ Mushroom Gravy
BLENDED VEGETABLE SLAW	Chuckwagon Corn	CINNAMON PEACH CRUNCH	GARLIC RED SKIN SMASHED POTATOES
JOHNNY'S APPLE COBBLER	Oven Roasted Red skin Potatoes	Spinach	STEAMED BROCCOLI FLORETS
	Mandarin Oranges	Fresh Sliced Honeydew	Fruit Cocktail Cup
20	21	22	23
AGENCY CLOSED	SLICED HAM AND PROVOLONE	Beef Chili Con Carne	SALT CITY FRIED CHICKEN
Moutin Luthon	On a Whole Wheat Kaiser	ROMAINE & MANDARIN ORANGE SALAD	BLACK BEANS AND RICE
Marun Luulei	Served w/ a Honey Mustard Toppin	Fruit Cocktail	COUNTRY BLEND VEGETABLES
will nay	GREENS AND BEANS SOUP	Honey Corn Bread Muffin	Juicy Diced Pears
	RAINBOW SHERBET		
27	28	29	30
MEAT LASAGNA	Slow Cooked Pork and Gravy	CRANBERRY WALNUT CHICKEN SALAD	BEEF BOUGUIGNON
MARINARA SAUCE	Home Style Mashed Potatoes	SERVED ON A CROISSANT	SERVED OVER BUTTERED EGG NOODLES
CITRUS TOSSED SALAD	Four Way Mixed Vegetables	CHUNKY TOMATO FLORENTINE SOUP	LEMON GARLIC GREEN BEANS
WITH POPPY SEED DRESSING	Applesauce	PINEAPPLE TIDBITS	FRESH STRAWBERRIES WITH WHIPPED TOPPING
Honeydew Melon			FRESH BAKED WHOLE WHEAT DINNER ROLL
Crusty Italian Bread			

RESERVATIONS: CALL THE LUNCH LINE @315-469-3259

LUNCH IS SERVED AT NOON

60+ SENIORS... \$3.50

GUESTS **U**NDER 60... \$7.00

LUNCH RESERVATIONS SHOULD BE IN BY 12:30 PM THE DAY BEFORE OR BY WEDNESDAY 12:30PM FOR THE FOLLOWING WEEK.